

Penllergaer Primary School, Swansea



Peace Mala Accreditation Self-Evaluation

Platinum Award July 2022



Foreword

Any award sought or received must reflect the school's ethos, values, policies and practices. Penllergaer Primary has supported Peace Mala for over 13 years and are proud to have been accredited Gold status in 2019. The school shares the spirit and message of Peace Mala. Our Peace Mala work is firmly embedded and has helped shape our philosophy and ethos. Penllergaer embraced the challenges presented to schools by the unprecedented national pandemic. The school responded rapidly and provided childcare and various support for our families. Staff, pupils and parents were upskilled regarding use of technology which was used as a platform for ensuring continuity of learning. Wellbeing was a priority for all, and our Peace Mala work continued, sometimes remotely and virtually. It is important to point out that curriculum planning and whole school calendar of events is cyclical. Therefore, it is not always possible to undertake new projects. It is, however, possible to obtain different evidence for repeated projects and topics.

The following is our journey towards platinum. We recognise the 7 areas can overlap. Therefore, evidence provided in one area also links to others. We have been mindful not to duplicate evidence and instead indicated in brackets, where that particular piece of evidence is also pertinent to another area.

Area 1

Becoming a Peace Mala School is part of the whole School Development Plan approved by staff and the Governing Body. This is shared with the whole school community. A chosen year group will need to study and explore Peace Mala by using the kits and educational materials during a particular term every year. This encourages Peace Mala continuity in the school curriculum. The school will also share good practice with other schools who are members of the global community of Peace Mala.

- Penllergaer Primary is a large primary school just off junction 47 on the M4 corridor in Swansea. We serve the old village of Penllergaer and the new housing estate at Tir Coed, Parc Penllergaer and Parc Penderi. The school has a diverse catchment. We have mixed aged classes throughout, two part time nursery classes, a nursery wraparound and pre and after school child care facilities. We have two classes for pupils with Profound and Multiple Learning Difficulties. We pride ourselves on our inclusivity. Our school motto is “Ein hysgol i bawb - Our School is for Everyone”. We have children from a wide range of different countries with 17 different home languages in our school. We celebrate diversity and value the rich cultural influences that our families bring to our school community.
- As a school we aim is to provide equity, excitement and excellence in all we do. We are passionate about providing all of our pupils with the best start to their education and believe that creating excitement through real life learning experiences and pupil led learning is crucial in engaging our pupils. We work hard to develop positive attitudes to learning that our children will take forward with them throughout their lives.
- The school has written policies and practices which support equality and diversity.
- Penllergaer is a village and community in the City and County of Swansea, Wales, to the east of Gorseinon. Our curriculum is based around “cynefin”, a Welsh word that cannot be directly translated into English, but means a place of multiple belongings. As the adult community that surrounds our children we all have the responsibility to ensure that we build aspirations, ambition, and positivity in our learners. It is crucial that our learners’ experiences are grounded in an understanding of their identities and their world to form their cynefin. This will not only allow them to develop a strong sense of their own identity and well-being, but to develop an understanding of the diversity of others’ and make connections with people, places and histories elsewhere in Wales and across the world. We are fortunate to have an outstanding community of pupils, parents, staff, governors and beyond. We work together, striving to give our children cynefin, so that they feel that they really do belong. We celebrate the diversity of faiths, cultures and lifestyles.
- Peace Mala Platinum recognition is part of our School Development plan for 2021-22 and it is integrated in to our RVE and RSE curriculum.
- The Year 3/4 cohorts biennially, study Peace Mala in-depth and all pupils get the chance to make a Peace Mala bracelet. Even our local vicar wears a Peace Mala.
- Visiting church leaders regularly present assemblies to pupils regarding a range of subjects such as ‘Restavek no more’, natural disasters, values, water aid, charities, show racism the red card and global citizenship. As often as possible the Headteacher presents visitors with a bracelet and a business card promoting Peace Mala. Through the national pandemic, we moved to virtual assemblies and were delighted that our local religious elders supported this, often joining us virtually, so we could continue our partnerships.
- Our School Governors are aware of our Peace Mala work through presentations and the termly Headteacher report. Governors are informed of all the opportunities this work provides as well as the benefits to our pupils, families, staff and the wider community. Closing the generation gap, challenging prejudice and promoting community cohesion to name a few.
- Our Peace Mala display in the entrance corridor is a fantastic talking point for visitors to our school and clear way of promoting our Peace Mala ethos. There are also other key pieces of artwork displayed around the school, for example, the Peace Mala logo is proudly displayed on the wall outside our main entrance and the Peace Mala dove flies in our Gardd Heddych. Our pupils designed our Peace Garden several years

ago and it always evolving. It contains a reflection bench, prayer box, inspirational quotes and artefacts and symbols representing the major religions of the world. We also have a Peace tree from which children periodically hang ribbons, peace messages or prayers.



Peace Garden changes according to theme:



International Peace Day



We went to look at our wonderful Peace Garden that has been decorated for Remembrance Day. ❤️ #ppshum



16:06 · 11/11/2021 · Twitter for iPhone



Armistice Day

Following on from our successful Comenius international project, the school has received British Council Erasmus funding. We are currently working in partnership with 4 other schools in Ireland, Romania, Portugal, Spain and Czech Republic. The name of the project is "Together". One of its` main themes was to encourage pupils and staff by supporting the internationalization whilst building upon the idea of 'shared identity' to combat racism, prejudice and xenophobia. The project enabled pupils from each school to work effectively together, developing knowledge and awareness of the cultural aspects that make us unique, recognising what we have that is the same and bringing us together under a shared European identity. This partnership allowed us to explore and celebrate differences in aspects of culture and tradition along with appreciating the beauty and diversity of our landscapes. Information about the project was shared and disseminated amongst our local communities. Pupils learned their fellow countries music, cuisine, art and traditions. All presentations were made by the pupils with the support of their school staff. The presentations have been seen at schools, displayed on walls or posted on each school's website and also on the ETwinning website. Teachers from our school have taught Peace Mala lessons to Finnish and

Spanish children and explained the importance of Peace Mala in staff meetings whilst over there. The teachers were also able to witness our Peace Mala teachings when they came over to visit our school.



Project teachers visit our Welsh countryside and our school

- A Peace Mala dove is displayed at the front of our hall and is regularly discussed in whole school assemblies i.e. with children from Nursery to Year 6. We sponsor Dove number 14 – Heiwa, who has travelled to Greece, Spain, Finland, Romania, Ireland and Turkey.



Mrs Lopez with Heiwa in Leon, Spain 2020



Heiwa in Porto, Portugal June 2022

- Parents are informed of Peace Mala during PTA events, newsletters, twitter feeds and school website.
- Peace Mala is promoted at every opportunity and there are many school awards, events and activities that support this e.g. charity work, National Quality Award for Healthy Schools, Eco Schools Award, International Schools Award and Rights Respecting School Level 2 Award.
- Pupils and staff have supported Peace Mala with community and interfaith events such as the Gower World Peace Pilgrimage, The Peace Mala Tree of Peace Ceremony in Coad Bwlardd, and The Peace Mala Pilgrimage to the Forgotten Monastery of Saint David. Pupils have contributed art work for the Saints booklet and performed every Peace Mala Inter-faith Liturgy for World Peace. ([link to Area 7](#))
- The school is a large primary with mixed age classes. As a result, we work on a two year cycle of curriculum topics. Peace Mala features mainly in Cycle 1 Year3/4, where lessons are actually taught and the children learn about the bracelet. However, the Peace Mala philosophy infiltrates all we do and we are extremely proud to be an accredited school. The headteacher leads an annual Peace Mala assembly and our Peace Garden is termly/half termly updated according to our Annual calendar eg Easter, Harvest, November Armistice, Chinese New Year, Eid etc. In addition, the Peace Mala message and news features periodically as and when appropriate eg Cycle 2 Yr5/6 topic 'the Blitz' (World War 11) and Cycle 1 Yr5/6 'Our Wonderful World where they undertake an in-depth study into sustainability, deforestation and Fairtrade. All pupils study the major religions of the world as part of the schools RVE and RSE curriculum

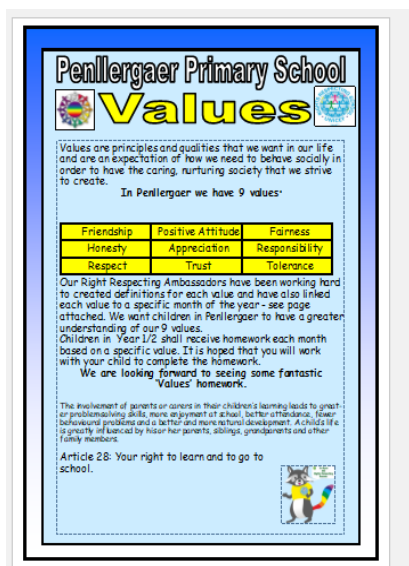
planning or order to ensure continuity and promote Peace Mala as part of our embedded ethos. ([link to Area 5](#))

- The school regularly shares its work with others e.g. cluster and other schools both within and outside the Local Authority, including internationally. ([link to Area 2](#))

Area 2

By engaging with Peace Mala the school is committed to education for global citizenship through the promotion of understanding, respect, friendship, tolerance and peace between all communities, cultures and enlightened, compassionate faiths. Peace Mala promotes and encourages community cohesion.

- Our school values policy devised in consultation with staff, pupils, governors and parents, outlines the core values that shape our thoughts, feelings and actions. They are closely aligned to the new Curriculum for Wales and the four purposes that influence a school's curriculum design. Older pupils have completed a project based around our school values and the messages of Peace Mala, such as kindness, empathy, tolerance, love and peace. Our Calendar of Rights and Values support the school curriculum. School Assemblies focus on our school values.



Our Values



Our Values Totem Pole

- Pupils have a good understanding of their rights and responsibilities through lessons, school activities, presentations and displays. The school is accredited level 2 UNCRC and acknowledges the UNCRPD (The Convention on the Rights of Persons with Disabilities). The school promotes a value and right each month. Children's Rights. Children and young people have 42 rights under the United Nations Convention on the Rights of the Child (UNCRC). These 42 rights give children and young people what they need to grow up happily, healthily and safely.

The principles of a Children's Rights Approach are:

- Embedding children's rights - at Penllergaer this means that all policies are underpinned by the UNCRC, and all our community know and understand about children's rights.
- Equality and Non-discrimination - at Penllergaer we make sure that every child aspires to be the best they can be.
- Empowering children - At Penllergaer pupils are actively involved in planning their curriculum 'Our Voice, Our Choice'.
- Participation - At Penllergaer adults and pupils share the decision making and together drive policy and change.
- Accountability - Penllergaer Primary School is held to account for how pupils experience their rights by the governing body and pupil voice groups

- The school curriculum focuses on global citizenship, world faiths, our environment and community cohesion, e.g. Fairtrade, Holocaust, Economically Developing Countries (Mellon Educate). Through our PSE lessons the children explore prejudice. The children learn about differences through looking at examples and discussing terms such as stereotyping, racism, prejudice, ethnicity and ethnic pride. All of these messages are reinforced by the Golden Rule of Peace Mala. The lesson that we teach the children is that it is very important to respect themselves, others and personal belongings which is emphasised through each class's Class Charter. ([link to Area 1 and 5](#))
- Community church leaders lead a weekly assembly on a rota basis, and we have frequent visitors who share their lives and experiences with our pupils. As often as possible we hold services eg Christingle and Easter, at St David's Church, Penllergaer. Our children make their 'Christingles' as part of a lesson in school and lead the service for the community.



Our local St David's church



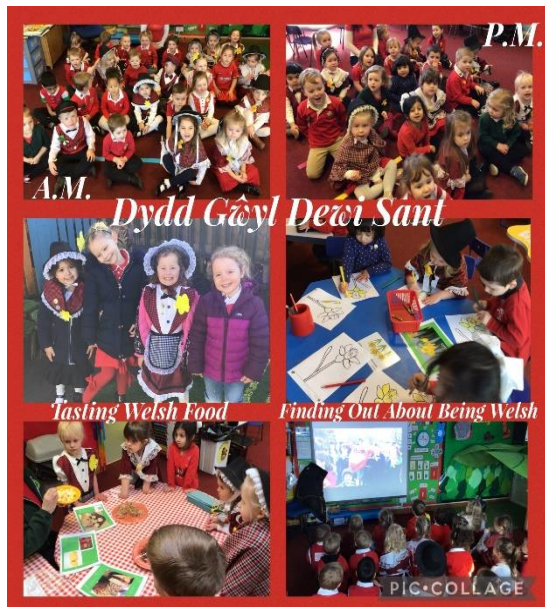
Walk through the Bible

- Open the Book' read Bible Stories to Infant pupils. All pupils in Year 2 to Year 5 were presented with a Bible courtesy of the Walk Through the Bible Programme. Presenters deliver weekly sessions to Y5/6 pupils. ([link to Area 3](#))
- Extensive charity support, at both local and national level, is clearly evident – Ty Hafan (cancer centre), NSPCC, Splash, Friends of Penllergare Valley Woods, Llys Nini, Operation Christmas Child, Jeans for Genes, Harvest donations to our local food bank and Children in Need. The children display good empathetic skills towards those less fortunate. ([link to Area 5](#))

Area 3

By using Peace Mala in the classroom, the school supports human rights and helps prevent bullying and all forms of prejudice.

- Penllergaer is a community of around 400 children and 45 adults. We ask the children to be mindful of the prejudice that surrounds certain disabilities, faiths and cultures in the world and the need to work together to stop this. As the Peace Mala warns 'the voices of intolerance are all around us. The voice of tolerance needs to be louder.' ([link to Area 2 and 5](#))
- We spread the love during St David's Day and St Dwynwen's Day



Eisteddfod Week



Penl12 @Penl122 · 25/01/2022

♥♥ We have had a wonderful day celebrating St Dwynwen's Day! ♥
♥ Everyone is definitely feeling the love! 🥰 #ppslc #ppshum



St Dwynwen's Day

- We all want world peace and for everyone to live in harmony. We learn about conflict and war. We raised funds and collected items for Ukraine during our wear blue and yellow day.

Take a look at the Remembrance Day Poppy pebbles that our Year 1/2 boys and girls have been creating ♥♥
@PenllergaerP #PPSHum #PPSACL



Poppy pebbles for our Peace Garden



Penllergaer Primary @PenllergaerP · 10/03/2022

🇬🇧 🇪🇺 🇬🇧 🇪🇺 🇬🇧 🇪🇺 @PenllergaerP



Wearing Blue and Yellow in support of Ukraine

- We work with the community to raise awareness of disability and accessibility. For example, Opening the wheelchair friendly boardwalk at Llys Nini Woodland and our PMLD pupils make a weekly outing into the community to learn various life skills eg visit a garden centre, shop or café.

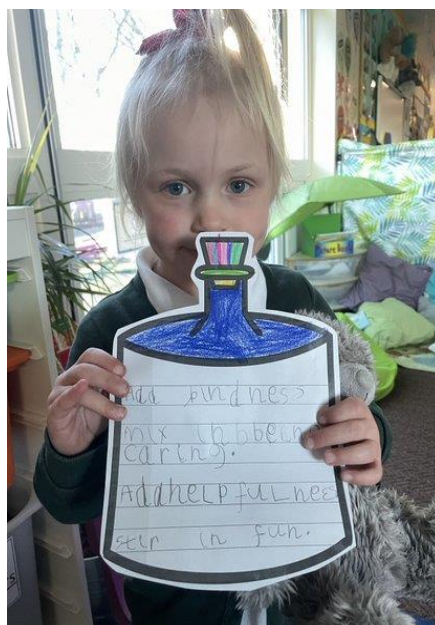


Llys Nini



Pontarddulais Garden Centre

- The school council continues its regular acts of kindness, distributing little gratitude notes and gifts around the community.



Gratitude and Be Kind Day

- Penllergaer Primary is a Rights Respecting School and believes in the importance of children understanding their rights from a very early age. Throughout the year, we have participated in many whole-school events to promote an understanding of children's rights. These have included whole-school assemblies, peer learning workshops held by children in Year 5/6 and a variety of activities based around wants and needs. ([link to Area 2](#))

Penllergaer Primary School Calendar of Rights and Values		
Month	A Child's Right.....	Value
September	to know their rights (42) to learn and go to school (28)	Friendship
October	to say what you think should happen and be listened to (12)	Trust
November	to not be harmed and be looked after and kept safe (36)	
December	to follow your own religion (14)	Tolerance
January	to become the best that you can be (29)	Responsibility
February	to meet with your friends and join groups and clubs (15)	Positive Attitude
March	to a name and nationality (7)	Empathy
April	to good food and water and to see a doctor if you are ill (24)	Appreciation
May June	to a good standard of living (27)	Fairness
July	to relax and play (31)	Honesty

Imagine the Scene...

Here come some other children.
Maybe they will stop those other kids making fun of me. What are they doing? Oh, they are looking away and pretending not to hear. I wish they wouldn't just stand there and do nothing. I guess they must think the same as those other ones.

How could the other children at the Bus Stop have helped?

The other children at the bus stop could've helped by actually noticing the person who was getting bullied and possibly asking what was wrong because that's being a good person as you should be kind and caring. Otherwise, you're being a bully yourself and it doesn't matter about status status. They could've also told the teacher.

In P.E. today, I couldn't run as fast as the others and nobody wanted me in their team. They all giggled at me!

What could the PE teacher have done to help?

The P.E. teacher could've helped by not just watching the kids (plus you'd need to be good supervision) but maybe listening more. This would help the child as much as the teacher could. It would help the P.E. teacher to understand what was happening but he or she didn't understand what was happening at all.

In the playground, the kids from the bus surrounded me and started to push and shove me back and forth. The supervisor thought we were only having fun. I wanted to tell her I wasn't. But they told me to 'shut up' or I would get it worse. I didn't tell!

If you were the playground supervisor, what could you have done to help?

If I was the playground supervisor, I would've looked at the violence the rest of children were committing which was against right of the children. So, I would've walked over and asked what's going on and sort it out like a sensible adult. I would also talk about this with the child's teacher.

What would you do?


- The Y5/6 pupils participate in a bi-annual (due to our 2yr curriculum cycle) series of 6 workshops presented by NSPCC which promotes Childline. Older pupils mark Holocaust Memorial day each year. On Remembrance Day, all children keep a minute's silence and learn about Armistice through class activities and whole school assembly. Our Peace Garden is decorated with made and purchased poppies for the month of November. We promote the British Legion poppies every Autumn Term. ([link to Area 2 and 5](#))
- The school continues its links with our Police-School Liaison Officer, PC Parry. She visits and educates the children as part of the South Wales Police School Liaison Programme. The lesson "Sticks and Stones" for Years 3/4 has an anti-bullying theme. The lesson "Diversity" for Year 6 has an anti-racism theme. Lessons also include keeping safe on the internet and anti-cyber bullying. ([link to Area 2](#))
- Penllergaer is a fully inclusive school. Buildings are accessible and wheel chair friendly. All concert and event invites contain the paragraph 'Please contact the school if you have any specific requirements and wherever possible will endeavour to meet your needs.' British Sign Language display boards encourage pupils to learn signing and staff in our special teaching facility units, use Makaton communication aids.



Signing video.MOV

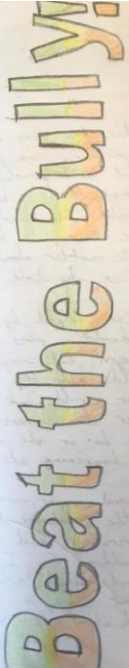
- Well-planned outdoor pursuits and residential activities help promote a safe, healthy lifestyle.
- Nearly all pupils have a very good understanding of how to keep safe. 100% of pupils know an adult in school they could go to if they were worried about something. 100% of pupils state that they feel safe in school. Initiatives which have had a powerful impact upon pupils' understanding of how to keep safe include Healthy Schools, Eco-Schools, Road Safety Squad, the School Council, outside agency visitors' talks and our high-profile safety promotion days/weeks. ([link to Area 5](#))
- All staff are trained in Restorative Practices and this approach is used consistently across the school.
- Much work has been done on levels to promote positive behaviour through our emotion coaching school and restorative practices approach. Interventions such as counselling, THRIVE and Positive Play support individuals social and emotional development. A Code of Conduct for break times, devised by our School

Council in consultation with pupils, forms the backbone of what we class as unacceptable behaviour. It is revised annually by pupils and indicates that behaviour is a choice. Sanctions are fair and clear which allows for the consistent approach to managing challenging behaviour. Comprehensive behaviour strategies encourage positive behaviour/attitudes by nearly all pupils, who feel safe and respected in school. Most participate positively in learning and feel free from physical and verbal abuse in school. Lunch time supervisors select a Citizen of the Week Award for each class. Restorative Practices (Circle Time, P4C, check-ins/checkouts and Fishbowl) are used to solve disputes, challenge prejudice and equality and help pupils share their feelings.



MISDEMEANOR	CONSEQUENCE / PUNISHMENT
Hurling another pupil or rough play during playtime games	5 min Time Out/ Miss Full Break/ Class Teacher/Headteacher
Not following E safety rules when using ICT or electrical equipment correctly	Verbal warning/ 5 min Time out/ 5 min break/ Miss Full Break/ Head Teacher
Taking or damaging someone's things	Miss Full Break / Headteacher
Swearing or Bad language	Miss Full Break/Headteacher
Rule / cheeky to staff, including Lunchtime Supervisors	Miss Full Break/ Miss Day Break & class teacher informed / HT will speak to your parents and you will be sent home for lunch
Bullying	Report of bullying to class teacher/ Headteacher and parent/ carer aware
Not following safety rules around school leaving inside/ not using paths or stairs, crossing/cutting back areas or trees	Verbal warning/ 5 min Time out/ Miss Full Break/ Head Teacher
Not responding to whistle	Classed as duty teacher/ Miss Full Break
Not using the apparatus or equipment correctly	Sent out of area/ not allowed equipment for rest of day
Not letting others join	Person be allowed to play/ Buddy help
Lying	Miss Full Break / Miss Full Break & class teacher informed / Head Teacher
Misbehaving during assembly/ during prayer	Allowed to sit by self / Sit down the front / Practice sitting in the hall during break
Misusing the tablets or classroom area	Miss Full Break / Miss Full Break & class teacher informed / Head teacher
Not R.E. or lesson space not provided by school	HT to be brought in the following day / Teacher notes home to parents / Phone call to parents
Bringing in items not allowed in school e.g. teacher balls/ watch attack cards	Warning- put them aside / 5 min time out/ Miss Full Break and class teacher informed

Code of Conduct at break times



What Is Bullying?

Bullying is when somebody continuously hurts you mentally and physically. Bullying can happen over days, weeks, months or years. Bullying can cause children to run, retreat or even cause them to hurt abuse themselves.

Our Group Definition

What does bullying look like?

Physical	Verbal
Physical bullying is: <ul style="list-style-type: none"> • Slapping • Hitting • Pushing • Pinching • Kicking • Punching • Biting • Tripping 	Verbal bullying is: <ul style="list-style-type: none"> • Spreading rumours • Name calling • Humiliation • Writing graffiti • Threatening • Having an argument
Emotional bullying is: <ul style="list-style-type: none"> • Humiliation • Excluding people • Tormenting • Threatening • Hiding someone else's belongings 	Cyber bullying is: <ul style="list-style-type: none"> • Spreading rumours online • Using e-mails to upset people • Using social websites to intimidate and upset • Threatening through messages

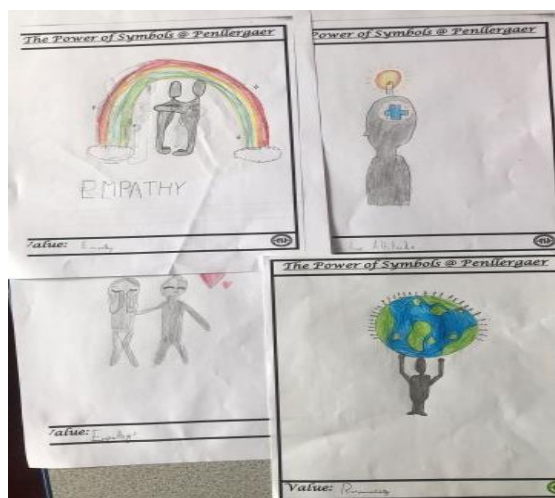
Bullying

- We have an anti-bullying policy, promote anti-bullying week and anti-bullying is taught in each year group using the SEAL scheme of work. Incidences of bullying are rare; when reported, they are effectively dealt with and always in partnership with parents/carers. There are procedures for pupils to anonymously report bullying. Pupils report low levels of incidents. The school works closely with its partner secondary school to deal with community issues connected with bullying outside the school premises.
- Good behaviour is a strong feature of the school, and frequently receives unsolicited positive comments. Classroom observation records frequently comment upon the high standard of good behaviour exhibited by children. 97% of parents state the school expects high standards of behaviour.
- At the beginning of each year, Year 5 and 6 pupils apply to become Playground Buddies and undertake a day's training programme. The children view this role as a real honour and wear their Buddy caps around school with great pride. Their key role is to spread the message of peace to others through offering help and support to other children if they should need it. Many Buddies have resolved minor conflicts during break time and lunch time through simply reiterating the golden message of 'treating others as you would wish to be treated'. They also use the three restorative practice questions successfully. One Buddy explained to the teacher how he used these questions at home when his parents were quarrelling. Staff have reported less incidents on the yard.



A Buddy helping others make friends and sort conflict

- The school participates in events such as 'show Racism the Red Card' and projects such as 'The world Reimagined'. This programme allows learners to build on knowledge and skills which underpin racial justice to empower them to "overcome divisions, reject hatred, move on from despair, and embrace compassion and hope so that they are able to take actions which make racial justice a reality in our society". The Globe project allows primary school learners to focus on the theme of Mother Africa, where they are encouraged to build a new understanding of where this story begins, and enable them to understand, honour and celebrate the vivid history of Africa. This then lays the foundations and inspiration for the Globe which should reflect that we can reimagine a world which celebrates diversity, is anti-racist and allows us to create a future in which we can all say, "I am seen". ([link to Area 2, 4 and 5](#))



The blank globe will be decorated with symbols that represent our locality and future aspirations

Area 4

Peace Mala encourages the school to raise awareness of issues of global interdependence and encourages active compassion by learners that will lead to positive changes locally and globally.

- The school has supported charities such as Operation Xmas Child and the Rotary Club's 'Back packs and stationery' African children appeal. We also hold annual Comic Relief and Children in Need days. Whole school assemblies led by senior leaders explain these causes and pupils participate in fun activities to raise money for the charities.
- Pupil participation is very important and is focussed through our UNICEF Rights Respecting Schools project, which along with the development of our Connecting Classrooms and Comenius projects promote ESDGC.

Our work on the environment has allowed us to consider and compare the 'throwaway cultures' of UK, India and Ghana through the 3 'Rs' – Reuse; Reduce; Recycle. The percentage of recycled waste is increasing, in some countries and there are still many problems associated with efficient waste recycling. It is essential to raise awareness of young people and students of major waste producers, the role of the community. From this we have concentrated on recycling and the ways in which it is achieved.

- Penllergaer holds an annual 'Green day' to promote reusing, reducing and recycling in the school and amongst the community. Our Eco Warriors have since produced posters and a pamphlet that has been distributed in the local community to tell other people about local recycling initiatives, what we are doing in the school, and to encourage them to recycle more. These messages need to be repeated and regularly revisited, as groups of children and the community changes. Therefore, this work will be ongoing and part of the school's curriculum, e.g. fair-trade and activities are built into the Yr3/4 curriculum. ([link to Area 2 and 5](#))



Our pupils learning about recycling

- The Head teacher leads an annual assembly to promote Fairtrade and the Y3/4 classes participate in a series of lessons around the theme 'Fairtrade chocolate'. ([link to Area 2 and 4](#))
- There are 24 different languages in our school, and we celebrate one language a month. ([link to Area 2](#))

Penllergaer Primary @PenllergaerP · 06/03/2022

🌐 We are enjoying celebrating international languages spoken by our pupils. 🌐 The language for the month of March is German. 🇩🇪 #ppslc



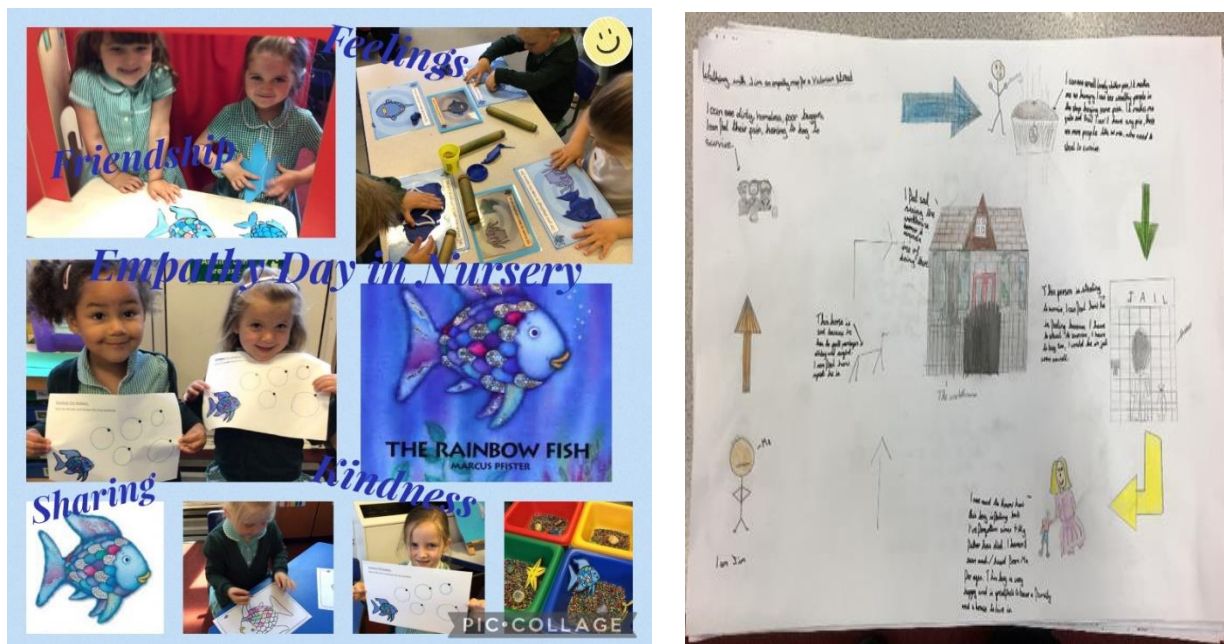
Penlrec @penlrec · 7 Apr

We love our 'Language of the Month' 🇮🇳 #ppsrec #ppslc



We celebrate and promote a different Language each month

- The children have learnt all about people and organisations that have made a difference to the world. This involved learning about numerous charities, their founders and numerous people who have helped to make the world a better place through raising money, charities, technology, science etc. We have many links with the different places of worship and faith leaders in the community and beyond.
- During one of our Peace Mala days, the Y5/6 children were given the task of researching and creating a presentation about people who have dedicated their lives to encouraging peace. The children gained such a lot from the experience, it was wonderful to hear them explaining the commitment of such inspirational people, for example; Ghandi, Mother Teresa, Martin Luther king, and Nelson Mandela. ([link to Area 3](#))

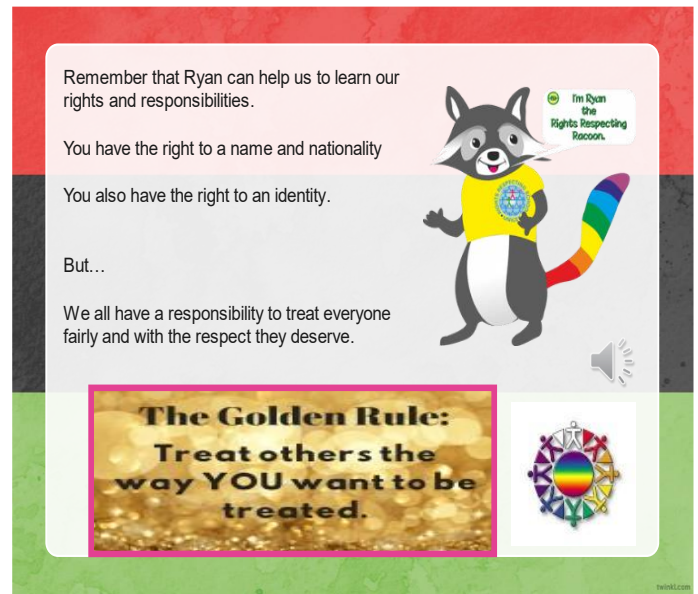
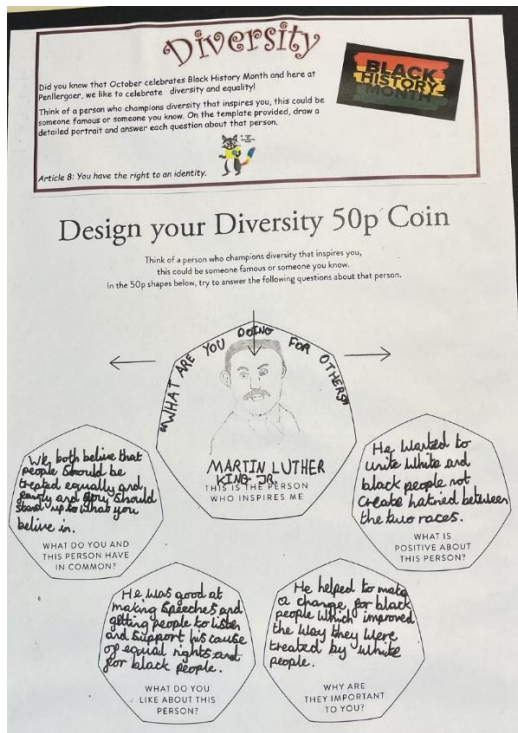


Empathy Day

Area 5

Peace Mala encourages the celebration of cultural, racial and religious diversity through art, music, drama and dance.

- The school grasps every opportunity to host students and teachers from International schools e.g. Spain, Finland, Turkey, Bangladesh and China. Our international visitors are treated to traditional Welsh folk dancing, listened to and learned Welsh songs and tasted Welsh food. In addition, the school has been involved in two British Council Grants, Comenius and Connecting Classrooms.
- Pupils at various ages study some of the major world religions and compare faiths and cultures. Infant pupils visit the local church whilst older pupils study mosques and synagogues. A range of religious and cultural festivals are celebrated via our school assembly programme and curriculum planning.
- Black History Month is started with a whole school assembly created and voiced over by members of our Pupil Voice groups. Classes go on to discuss, explore and celebrate the contribution of Black people in Wales. ([link to Area 3](#))



Y5/6 Martin Luther King Diversity Coin

- We celebrate the many festivals of the main world faiths

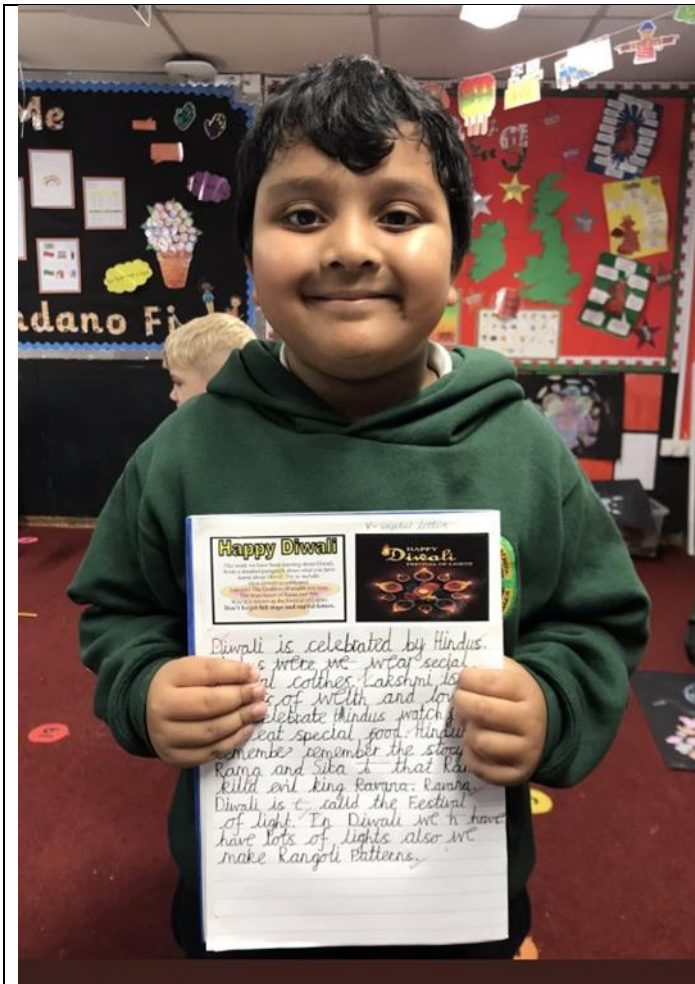


Chinese New Year



Sri Lankan Festival

- Our foundation phase pupils learned about Diwali and learnt Diwali signifies dispelling darkness (ignorance) with light (knowledge).



Look at our beautiful Rangoli patterns that the boys & girls have been creating! Our yard looks so wonderful! 🌟🎨 #ppshum #ppsexp



16:51 - 10/11/2021 - Twitter for iPhone



We have been busy moulding our Diya lamps today 🎨 they are now drying ready for us to paint them tomorrow 🎨🌟 @PenllergaerP #PPSECC #PPSHum



15:52 - 10/11/2021 - Twitter for iPhone



Celebrating Diwali with our lovely pupils

- We are always eager to participate in joint projects with other schools eg Mellon Educate and our current 'The World Reimagined', which focuses on breaking down prejudice. Our aim is to teach the children about the different schools in Africa and compare and contrast to our own. The children are given ownership over their learning as we ask them which aspects of African culture they are keen to know more about. Their interests range from the education that children are given, to the traditions and cultures of the children when they are at home. 'Ryan the rcaoon' mascot has travelled to Cape Town as part of the Mellon Educate project. He returned with a rainbow coloured tail which delighted our pupils and further raised awareness of diversity. ([link to Area 3 and 4](#))



When Ryan returned from Africa, we were delighted to see he had a rainbow tail





Erasmus – Penllergaer pupils visit Romania.

Expressive arts – music, art and dance features prominently in our curriculum.

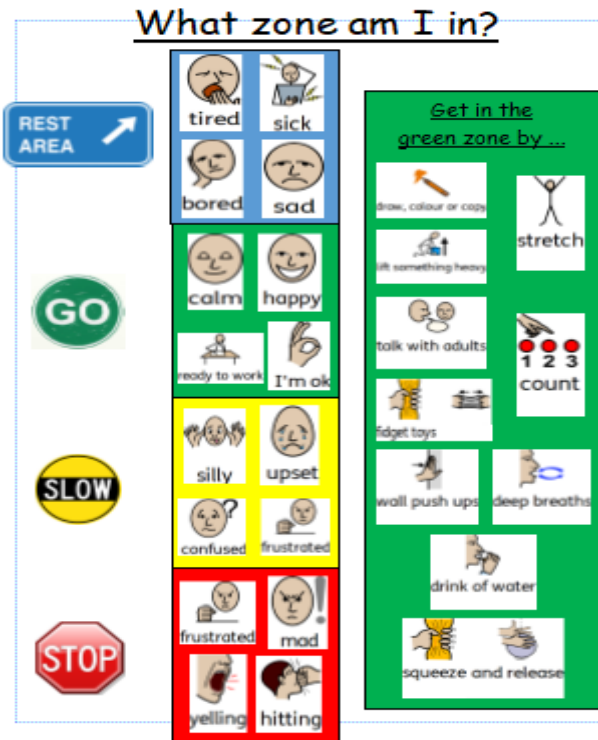


Brass Ensemble

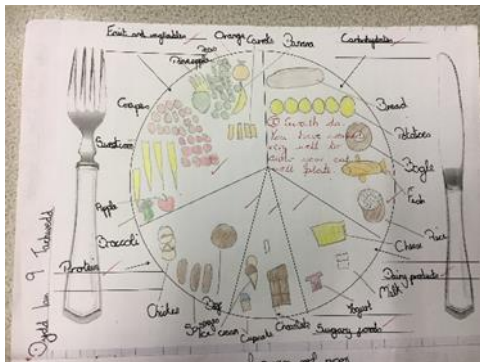
Area 6

With Peace Mala the school actively promotes environmental sustainability, healthy eating, and respect for all animals and wildlife.

- Nearly all pupils' attitudes to keeping healthy and safe are very good. This can be attributed to the school's participation in the Healthy Schools programme, the work of the School Council and Eco-Committee, the curriculum including PSE and our range of extra-curricular activities. In the most recent questionnaires (July 2021), 97% of pupils state that the school teaches them how to be healthy. 95% of pupils enjoy sport at school. 96% of parents believe the school provides good quality opportunities for physical activity. Levels of attendance at extra-curricular activities are high.
- Mental health and wellbeing is a priority at Penllergaer. Pupils and staff practice growth mindset, mindfulness and emotion coaching regulation strategies such as 'how big is my problem?' and 'What zone am I?' All children know the Disney Pixar Film's 'Inside Out' characters to help recognise their emotions. The school has effective partnerships with Exchange and Barnardos and offers counselling to children in need. We have two light rooms that are used for physiotherapy, play therapy and counselling and sensory activities. There is also a dedicated staff member and classroom that offers a safe haven for any child at any time. All staff are trauma and ACEs informed and have received attachment training. ([link to Area 2 and 3](#))



- Healthy eating and environmental sustainability play a large part in our school life. This is recognised in our National Quality Award (NQA) 'Healthy School' status. The children have lessons on Healthy Eating during PSE and through various science topics across the school. They learn all about food groups, the benefits of each group and how to produce a healthy plate of food.



The Eat Well Plate



Warburton's visit – Healthy sandwiches

- All lunchtime meals are freshly prepared by our dedicated school cooks who take a real pride in ensuring that the children are offered a selection of healthy options. Lunchtime choices by children are generally healthy and well-balanced. The school is regularly used by the LA catering department as publicity to promote school dinners. The school promotes compostable lunchboxes and have designed leaflets for parents to give them healthy lunchbox ideas. Lunchtime supervisory assistants give stickers or merit awards for pupils with a healthy lunchbox or a 'note home' if a pupil is noted as having an unhealthy lunchbox on a regular basis. The LA school meals service works closely with school to promote healthy lunch boxes. For International Food Week the pupils were served a range of traditional dishes from different countries of the world and brought in loose change for the charity Mary's Meals.
- The school has Platinum Award Eco School status. Our environmental work particularly helps as most environmental problems transcend national boundaries and therefore require solutions that are mutually reinforced at global, regional, national and community levels. Every class has a paper recycling bin and the

school also has facilities for recycling plastics and food as part of Swansea Recycling scheme. Fruit waste and Garden waste is composted in our compost bin area. The school also has facilities for recycling batteries and printer ink cartridges. The school takes part in the Bags2School scheme every year, which recycles clothes and fabrics.



Walking Bus – Sustrans Project

Penllergaer Primary @PenllergaerP · 30/06/2021

Some of the children in PMLD visited @LlysNini this afternoon to take all the donations that we had collected in school. It was lovely to meet Judith and Harry the dog 🐶😊 #PPSECO #PPSCOM



Bags2School Project

- Staying safe online is an issue that is becoming increasingly more important in our society, and it is something that we take very seriously in Penllergaer. Every half term, all classes work on a particular Internet safety issue. Topics include staying safe online, cyber bullying, passwords, copy right, protecting personal information and sensible screen time. We also participate as a whole school in Internet Safety Day. This includes a whole school assembly, followed by activities tailored to each year group on a common theme.

THINK! Before You Post!

Hey guys! Today I just want to give you some tips on how to be safe on the internet. The internet is a big thing and has some scary things in it. So here's some things you can do to stay safe!



TIP

* While online make sure that you have a nick name but not your real name or the year you were born.

TIP

*Do not speak to people you don't know online because if you don't know them they might tell you lies and try find out your personal information.

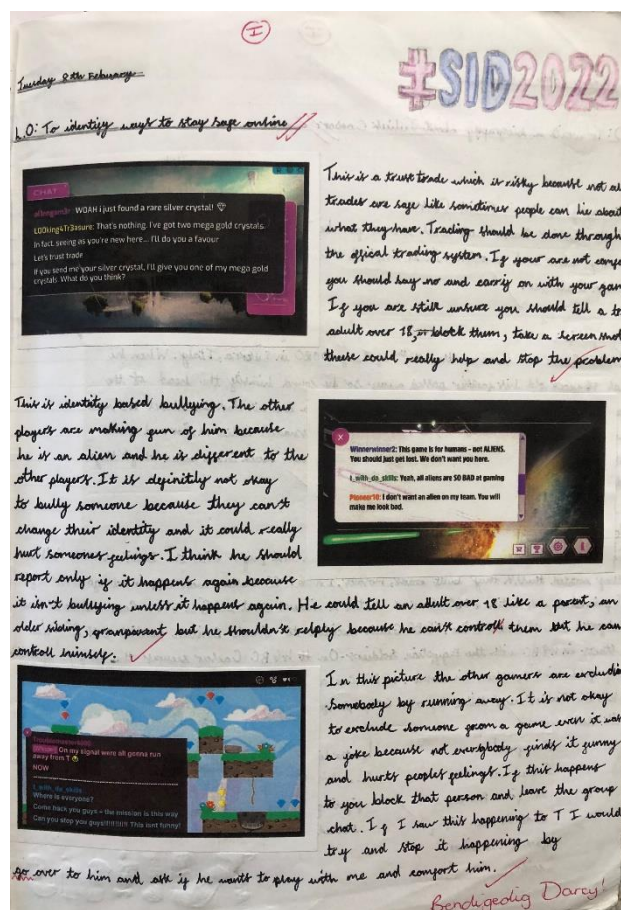


TIP

Learn the smart tips and use them as much as you can whilst online. If you're chatting online to someone remember these tips and NEVER give out your personal information.

TIP

If you are getting cyber-bullied make sure you tell someone before someone gets hurt. When online always be nice to everyone, do NOT be a cyber-bully because it hurts people and will get you into trouble.



Learning to keep safe when using the internet

- The school's planned PSE programme enhanced by external visitors (e.g. P.C. Hines/PCSO Rosser, NSPCC, Design to Smile team, Health Visitor, etc) ensures that children gain a broad range of experiences designed to promote a healthy, safe lifestyle. Parents frequently comment that school-based learning has had an impact at home in promoting family health, particularly so with the home learning tasks set through lockdown. Police School Liaison Programme includes lessons on keeping safe – stranger danger, internet safety, drug and alcohol awareness, which the school continues to deliver. Indeed, two of our teachers support the training of the schools' liaison officers. ([link to Area 4 and 5](#))



Learning about water safety



Friend or Foe – Police lesson with PC Parry



RNLI visit and water safety

- Success in sporting activities is very high. Access to sporting facilities is very good – swimming, hydrotherapy, rebound therapy, athletics stadium, sports barn, playing fields, adventure trim trail and forest area. The school has a well-planned PE scheme of work, promoting two hours of physical activity a week for KS2 pupils. Our participation and commitment to the LA PESS project has resulted in a great improvement of standards in Gymnastics and Adventurous Activities throughout the whole school. Health and Wellbeing of our pupils has been deeply enriched through the provisions set out in this project and as a result has led to sector leader practice through the development and implementation of our climbing wall and the opportunities for children to experience Bouldering activities in our broad PE Curriculum. All of this progress has been identified by Sport Wales and has resulted in the achievement of Active Marc

Cymru Status. Almost all children indicate that they would be happy to talk with an adult at school if they had any concerns.

- The school participates in the Sustrans Wales project and pupils are encouraged to cycle, scoot or walk to school. We have installed bicycle racks for pupils to safely park their scooter or bike and Year 6 pupils have the opportunity to participate in a cycling proficiency course which test their cycle and helmet for road worthiness and takes the child on a road safety course.
- Daily Fitness Fanatics initiative has had a very positive effect on pupils' health and well-being. There is an expectation that all children exercise for 10 minutes every day by running, jogging or walking in a social, non-competitive environment during their afternoon break. As a result of this initiative, pupils are fully aware of the need to exercise regularly to increase fitness levels and the responsibility of managing their own lifestyles to stay healthy. The daily mile has also supported pupils in developing greater resilience and determination when faced with challenges.



Physical Activity and Daily Fitness Fanatics



PMLD pupils attend Bikeability sessions

- We are extremely fortunate to have such wonderful grounds. The outdoor learning environment has been enhanced considerably to provide opportunities for physical activity. 100% of parents believe the development of the school grounds in recent years enhances learning. Our Eco club, parents and some classes helped clear and weed the garden. Penclawdd Cockle factory have donated bags of shells for some flower beds. The pupils' research led them to believe the shells ward off cats and add a different sensory texture to the garden. Llys Nini Recreational Woods have donated some wild flowers and shrubs and our Eco Warriors have researched and been advised on which plants are suitable for different cultural areas, shady and light spots and which attract particular insects. They have used various scrap materials e.g. washing machine belt, discarded children's plastic hoola hoop etc to create sculptures for our school grounds. The school has an excellent track record in the Swansea in Bloom competition and have won several gold awards. Provision for education for sustainable development and global citizenship is good as a consequence of our comprehensive ESDGC policy and curriculum map. Sustainability is promoted successfully through our involvement in the Eco-Schools, Healthy Schools, waste minimisation and recycling projects and our successful gardening club and has impacted on pupils' learning at both school and community level. Our school gardening club visited a local Garden Centre where they learned about the different plants that attract insects. They then plated these in our wildflower area. The vegetables grown in our allotment are sold or used by our cook. We grow strawberry plants and a raspberry bush and have herb gardens and vegetable patches. We have our own bespoke eco greenhouse, made of over 1000

plastic bottles. The children are involved in sowing, growing, harvesting, and eating/selling the produce. We are about to embark on another exciting project called the Big Bocs Bwyd, which will develop even closer links with the community and local businesses to support the disadvantaged. ([link to Area 2 and 3](#))

- We also have quiet areas which are used often when reading the children stories or simply, for reflection.
- Our school is a Premier League school in the Swansea in Bloom as a result of winning the competition for several consecutive years.



Our gardening club caring for our grounds



Our eco green house and allotment

- The local horticultural society worked with our Eco Club to research fruit trees which resulted in the planting of an orchard in our school grounds. We had our first fruit harvest in the Summer of 2017.



Eco day



Penllergaer Primary @PenllergaerP · 04/03/2022

Eco Council and pupils in Year 5 and 6 @Keep_Wales_Tidy @EcoSchoolsWales helped us achieve our 4th Platinum Renewal for our school - keep up the good work everyone! #PPSEco #PPSPV



Eco club

- We are part of the local authority's grounds maintenance department community saplings project. This means we plant and nurture tree saplings in our school ground until they become established. Every three years these are planted in various places within the authority, and we get a fresh lot of saplings to nurture.

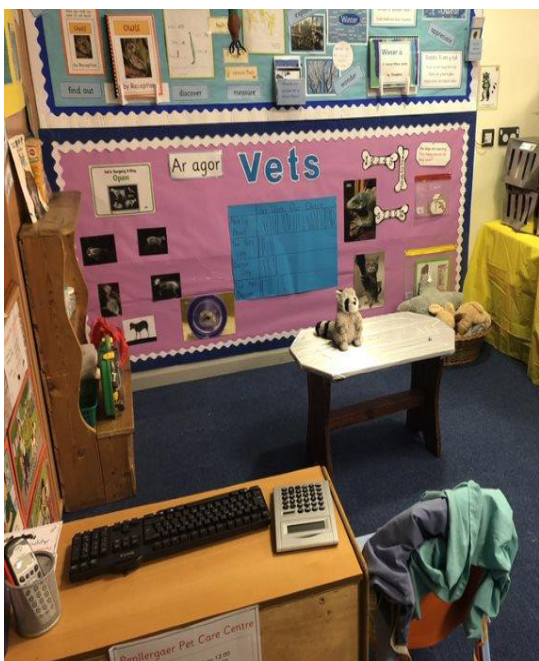


Horticultural Society help with our orchard



Community saplings

- All classes across the school study animals eg Reception caring for pets, Y5/6 visit Penllergare Valley Woods to learn about habitats.



Role Play Vets



Ant and Dec our Giant African Pet Snails



A hen visits the Reception class role play Vets area.

A big thank you to Mrs Lewis who brought Sophie Chicken in to visit us in Reception. We learnt lots of interesting facts. Who knew chickens like to drink cups of tea?! ☕
 🐔 #ppsrec #ppsst #ppshw #ppscom



Our very own forest in our school grounds is also used regularly. Yr 3/4 research endangered species as part of their 'There's no place like home' topic.



Learning about Bees and the local community Hives

- Opportunities to develop an understanding of global citizenship have been extended through P4C, Restavek No more, Romanian Orphanages support, Rights Respecting School and our links with India, China and 4 European countries as part of the Connecting Classrooms projects and Comenius Project. Multicultural and global citizenship are well planned in a range of subjects and areas of learning and promoted through enrichment days.
- A Llys Nini RSPCA representative leads a bi-annual assembly and Y5/6 pupils do follow up visits to the RSPCA centre to see the work done there. She gives talks to pupils in class also as part of our two year thematic cycle. Pupils across the school show respect for all animals and wildlife. Our Eco Club make insect boxes for around the school. Our newly developed wild flower garden was designed to attract minibeasts (rotting wood) and butterflies. Rabbits and squirrels are frequent visitors of our school grounds.



Llys Nini Animal Rescue and Shelter



Sally from Llys Nini speaking about the Shelter

- Each 'bay' was given some stick insect eggs to hatch and rear. Some classes have fish to care for and each Spring the reception classes incubate eggs and watch them hatch into little chicks, then visit the National Wetlands Centre at Penclacwydd every year as part of their project.



Our chicks hatched

- Our Eco Club works with RSPB. They sent data to RSPB during bird watching week in January 2018 and have designed posters for our woodland trial to help walkers identify different birds.



Birds of Prey visit us



Life cycles work



St Francis looking after animals in our Peace Garden

- Year 6 children undertake an annual residential week to learn about teamwork, food chains, ecosystems, migration, conservation and sustainability. For example, in our recent visit to Llanmadoc the children learnt about the fragile beach eco system, and in particular the impact that humans have had upon it. They also developed their team work skills in the various activities such as rock climbing and canoeing, supporting each other in overcoming their difficulties and fears and being good citizens.



Team work, problem solving, decision making, safety and collaboration

Area 7

With Peace Mala the school encourages Peace Education by forming a School Peace Council and engaging in peace activities.

- There are many pupil voice groups in Penllergaer (e.g. School Council, Eco Warriors, Road Safety Squad, various Clubs and Ambassadors). Following much debate amongst staff, school leaders decided not to have a separate School Peace Council but instead give the remit to our School Ambassadors (Children's Commissioner Group). Members of our School Council proudly represented the school on a workshop day with the Children's Commissioner for Wales. Our pupil voice groups always consider how we can help support all children, not just in Wales but in the rest of the UK and the wider world, thereby ensuring we act as responsible global citizens.
- The Zen Den, calm spaces and light rooms allow children with specific learning needs to have some quieter, individual time or to participate in small group work with other children of similar abilities or learning needs. These rooms are particularly positive for the children with social and emotional needs as they provide a safe haven for play therapy. The Peace Mala values are referred to and constantly used as a way of teaching the children the importance of valuing and respecting themselves, others and the school environment.
- The school supports Peace Mala events such as illustrations for the Celtic Saints of Gower book, Gower Peace Pilgrimage, World Peace Day and Symbolic Doves. We are proud to have our school choir sing at each annual Peace Mala Inter-faith Liturgy for World Peace event.



Brangwyn Hall 2022

- In November, the whole school observes a minute's silence during our Remembrance Day assembly. [\(link 2 and 4\)](#)
- Our support groups take part in the Valentine Peace Project every February 14th. Pupils present flowers and a peace message on a scroll to each class and members of staff. They write friendship acrostics on hearts and hang their poems on the Peace Mala tree. [\(link area 1,2 and 5\)](#)
- Peace activities within the curriculum
Peace task Y2 pupils. <https://express.adobe.com/video/xyFkZMbo1Hyl4>



Activity 1.mp4

- Our school has its very own prayer that encompasses all beliefs and values. [\(link area 2\)](#)

Past successes



The Lord Mayor of Swansea plants a tree in our School grounds to signify hope for world peace



Meeting Ruth for the pilgrimage



Peace Mala International Peace Liturgy

Jayne Woolcock

Headteacher and Peace Mala co-ordinator
Penllergaer Primary School,
Swansea.