



Peace Mala: Accreditation Self Evaluation Form



Creative, Compassionate Education that Empowers and Embraces All
Uniting the World in Peace

Youth Group Accreditation

A Peace Mala Youth Group is committed to placing the vision and message of Peace Mala at the heart-centre of its values system. There are seven key areas for action that we require you to provide evidence form in the form below. **Please write your evidence in the tables below and include photographs.**

Youth Group Name:	DOTs (Bro Caerfyrddin Local Ministry Area Church in Wales)	
Date of Submission:	Sept 2023	Award Aimed For: <i>Silver</i>



AREA ONE

Becoming a Peace Mala Youth Group is part of the Global Citizenship objectives within the curriculum guidance approved by staff and the young people involved. **Every year, the group will need to study and explore Peace Mala by using the kits and educational materials. This encourages Peace Mala continuity in group activities and ensure that new members of the youth group will learn about the vision and message of Peace Mala.** This is shared with the whole youth community. The youth group will also share good practice with other groups who are members of the global community of Peace Mala.

Suggested Actions

Peace Mala is part of the Global Citizenship Programme. Peace Mala activities are explained to parents and have parental approval. The youth club has a prominent designated notice board and web pages or newsletter which details Peace Mala activities. These activities are regularly communicated to parents and the wider community. View the list of Peace Mala Youth Group on our website - join the list and communicate with each other to share good practice.

Evidence

Please provide evidence of Global Citizenship Objectives and project proposal, and photographic and written evidence.



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14/10 /21

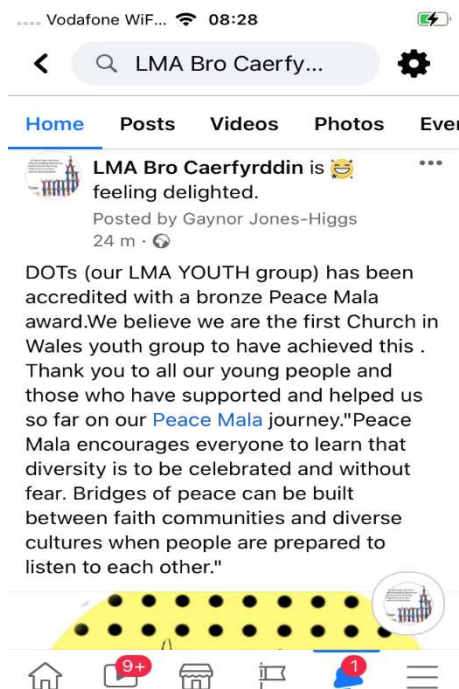
We held a joint session with 5th Carmarthen Scouts who are also a Peace Mala accredited Youth Group. Learning from and about each other celebrating diversity and sharing good practice.



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17/10/21 We continue to post Peace Mala news to our Face Book pages

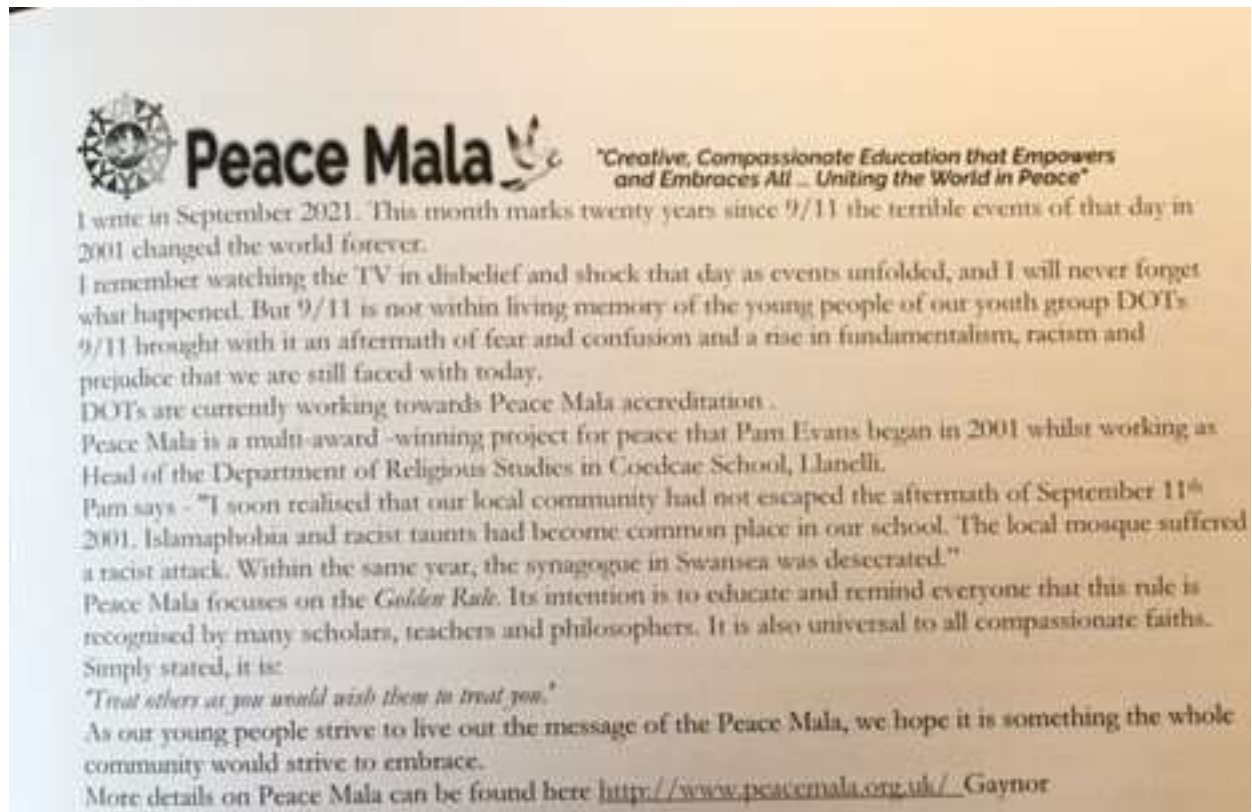




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This article appeared in the October 2021 edition of our village news letter



Peace Mala *"Creative, Compassionate Education that Empowers and Embraces All ... Uniting the World in Peace"*

I write in September 2021. This month marks twenty years since 9/11 the terrible events of that day in 2001 changed the world forever.

I remember watching the TV in disbelief and shock that day as events unfolded, and I will never forget what happened. But 9/11 is not within living memory of the young people of our youth group DOTs 9/11 brought with it an aftermath of fear and confusion and a rise in fundamentalism, racism and prejudice that we are still faced with today.

DOTs are currently working towards Peace Mala accreditation.

Peace Mala is a multi-award -winning project for peace that Pam Evans began in 2001 whilst working as Head of the Department of Religious Studies in Coedcae School, Llanelli.

Pam says - "I soon realised that our local community had not escaped the aftermath of September 11th 2001. Islamophobia and racist taunts had become common place in our school. The local mosque suffered a racist attack. Within the same year, the synagogue in Swansea was desecrated."

Peace Mala focuses on the *Golden Rule*. Its intention is to educate and remind everyone that this rule is recognised by many scholars, teachers and philosophers. It is also universal to all compassionate faiths. Simply stated, it is:

"Treat others as you would wish them to treat you."

As our young people strive to live out the message of the Peace Mala, we hope it is something the whole community would strive to embrace.

More details on Peace Mala can be found here <http://www.peacemala.org.uk/> Gaynor



Village Voice October 2021

Copy Date for next Edition 26th November 2021

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Bosch's Forest West Wind Farm Community Fund provides some funding for Village Voice and our website www.llangumsaint.org.uk. We also receive funding from Llangumsaint Community Council and all our advertisers. We thank them all for the support.



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4/11/21

DOTs joined with Peace Mala accredited 621 squadron air cadets, to support one of their local faith communities at St Peter's Church Carmarthen getting ready for a book sale.



18/11/21 We have Peace Mala Dove 7 Shanti in our LMA and have been talking about Peace Mala as she has visited local churches. We have also posted details of her travels to our Facebook pages



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Feb- 2022 we continue to share details of our Peace Mala journey and achievements on social media.



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LMA Bro Caerfy...

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LMA Bro Caerfyddin

Posted by Gaynor Jones-Higgs

11 h · 🌐





Pam Evans


2 d · 🌐


Such a pleasure to invite Revd. Gaynor Jones-Higgs to Peace Mala HQ today. We need more open minded and warm hearted priests like her.


Gaynor is the chaplain to 621 Squadron Air Cadets Carmarthen and is also one of the Youth Leaders with the DOTS Youth Group. Covid prevented us from having a formal presentation for their Peace Mala Accreditation Awards, so Gaynor has received the certificate on their behalf.









































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
Even


Many congratulations to both groups who have done amazing Peace Mala work under Gaynor's leadership. 💖🙏

















Ascension Day 26.5.2022
We ascended the tower @ St Peter's Church Carmarthen, flew the Peace Mala Flag and posted about Peace Mala on our Facebook pages.

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September 2022 Article on Peace Mala which mentions DOTs in St David's Diocese news paper



December 2022 the following article appeared in our Local Village News Letter.





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23/2/23 Social media post about our visit to Peace Mala HQ



AREA TWO

By engaging with Peace-Mala the youth group is committed to education for global citizenship through the promotion of understanding, respect, friendship, tolerance and peace between all communities, cultures and enlightened, compassionate faiths. Peace Mala promotes and encourages community cohesion.

Suggested Actions

Activities on Peace Mala are part of the Global Citizenship objectives. Group work focusing on the Golden Rule.



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Evidence

Please provide evidence of Peace Malas made and worn by young people and staff, both photographic, and/or DVD film and written.

22nd Sept 2022

We held a Peace Mala Evening where we made our Peace Mala bracelets discussed their symbolism and the Golden Rule.



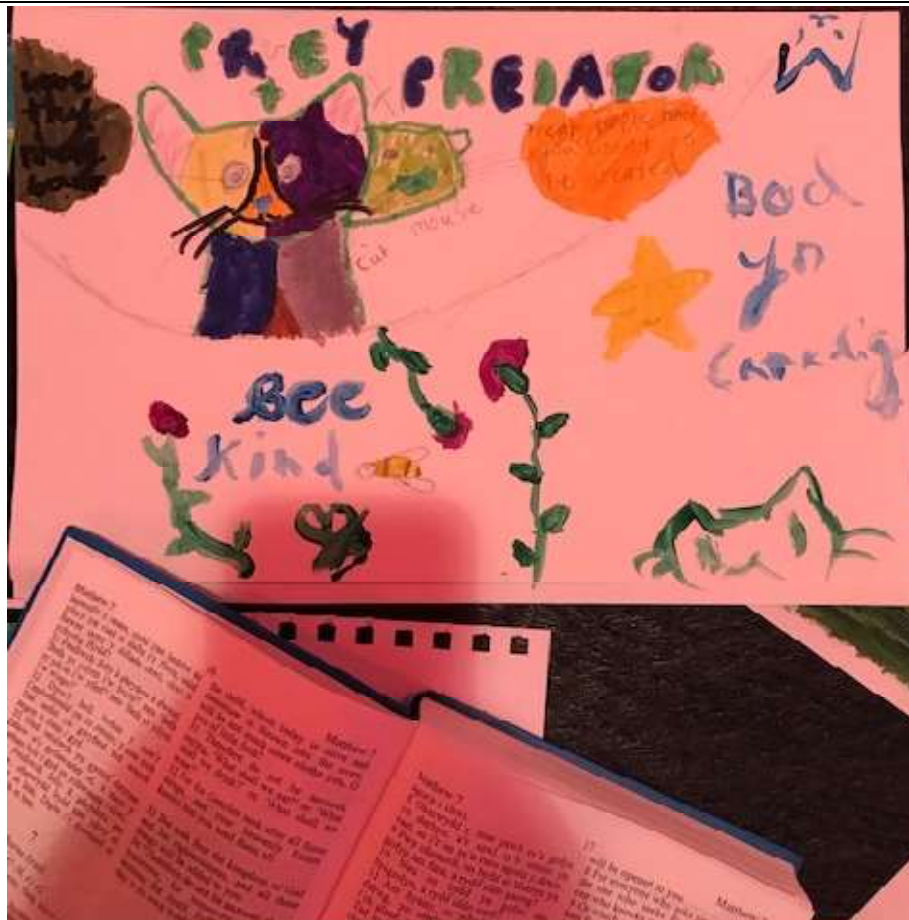
12th January 2022 – We discussed the Golden Rule in our session and how we would like others to treat us, also why it might be difficult to keep the Golden Rule Then we produced art work to reflect some of our thoughts related to our discussion.



19th Jan 2023

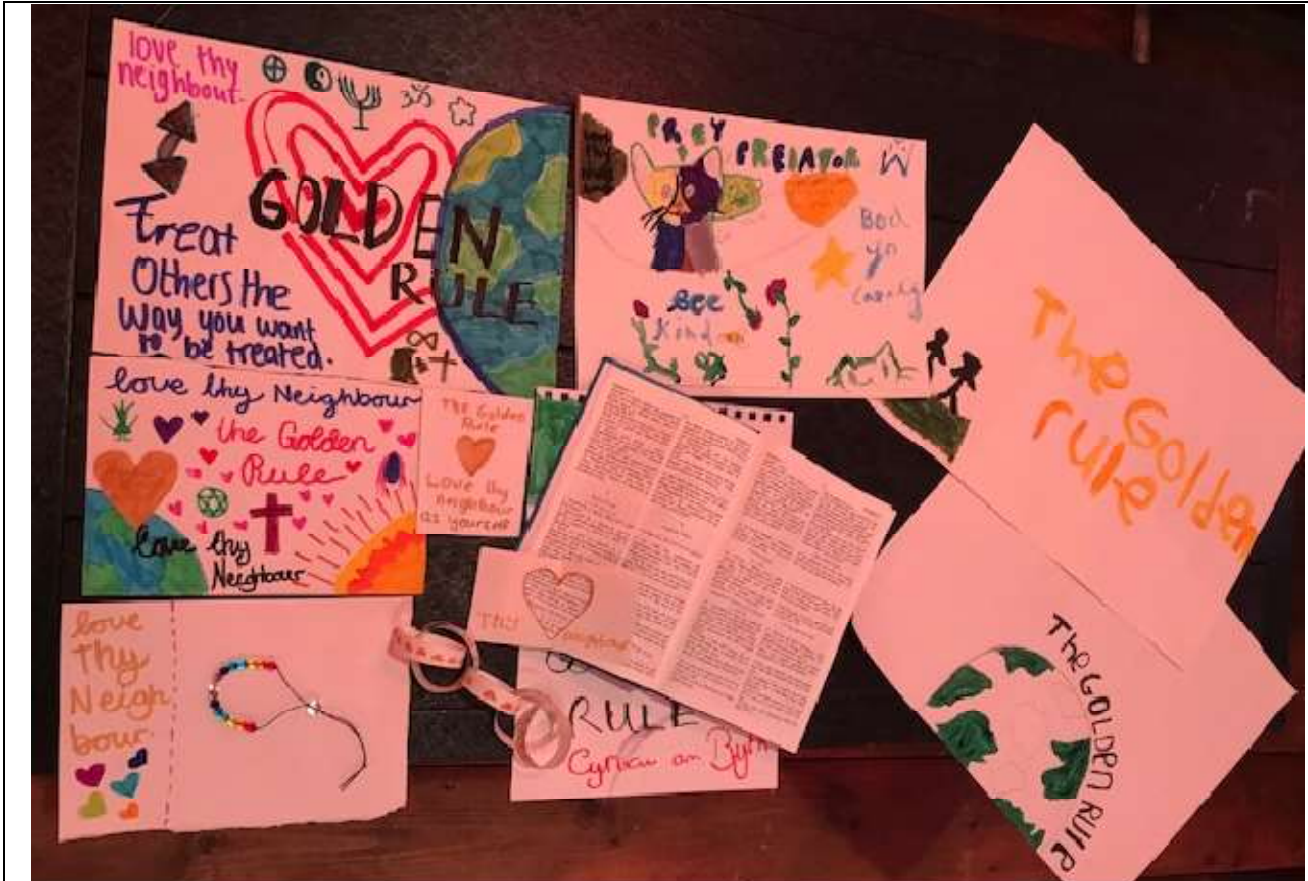


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19th January 2023 We played The Diversity Game – which helped us consider things from different faith perspectives and to learn more about different religions and faiths.

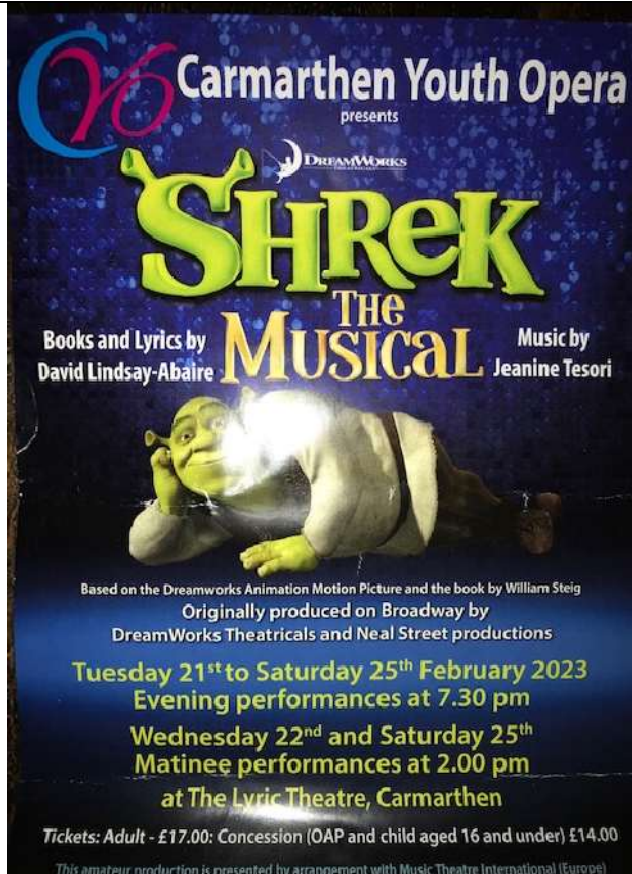


22nd Feb 2023

We attended a performance of Shrek the Musical, this gave us much to reflect on including the dangers of judging people before we know them, the real meaning of beauty and how and why people are included or excluded.



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23rd Feb 2023 Visit to Peace Mala HQ



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AREA THREE

By using the Peace Mala project, the youth group supports **human rights and helps prevent bullying and all forms of prejudice.**

Suggested Actions

Holocaust Memorial Day, City of Sanctuary, Show Racism the Red Card, Anti-bullying policy, Presentation by Hate Crime Police Officer, engage with CEWC.

The youth group does not need to engage with all of the above. We would, however, expect them to engage with **at least two** anti-bullying initiatives over the space of a year.

Evidence

Please provide newspaper articles, and photographic and written evidence.

23/1/22 Wales was still at Alert level 2 of Covid restrictions, however members of DOTs participated in our Zoom Sunday service which was HMD Day themed, they are also encouraged to join the online national commemoration on 27/1.



Some of the prayers used during our Zoom HMD Service

Prayer of confession

Gracious God, on this one day, we call to mind other days, days of action and inaction, days of injury and loss. We are conscious of the darkest days and years, when so many lives were cut short by hatred; suffering which continues today. We recognise the ways we have faltered in faith, thinking less of others because they look different, sound different, feel in ways we will not imagine. **We confess these and all our sins this day.**

Prayers of Intercession

We remember this day all those who have suffered and been murdered as a result of genocide, hatred and abuse. May we honour their pain, hold them in our hearts and take action for a better future so that one day there will be no more genocide, no more war, no more hatred and division



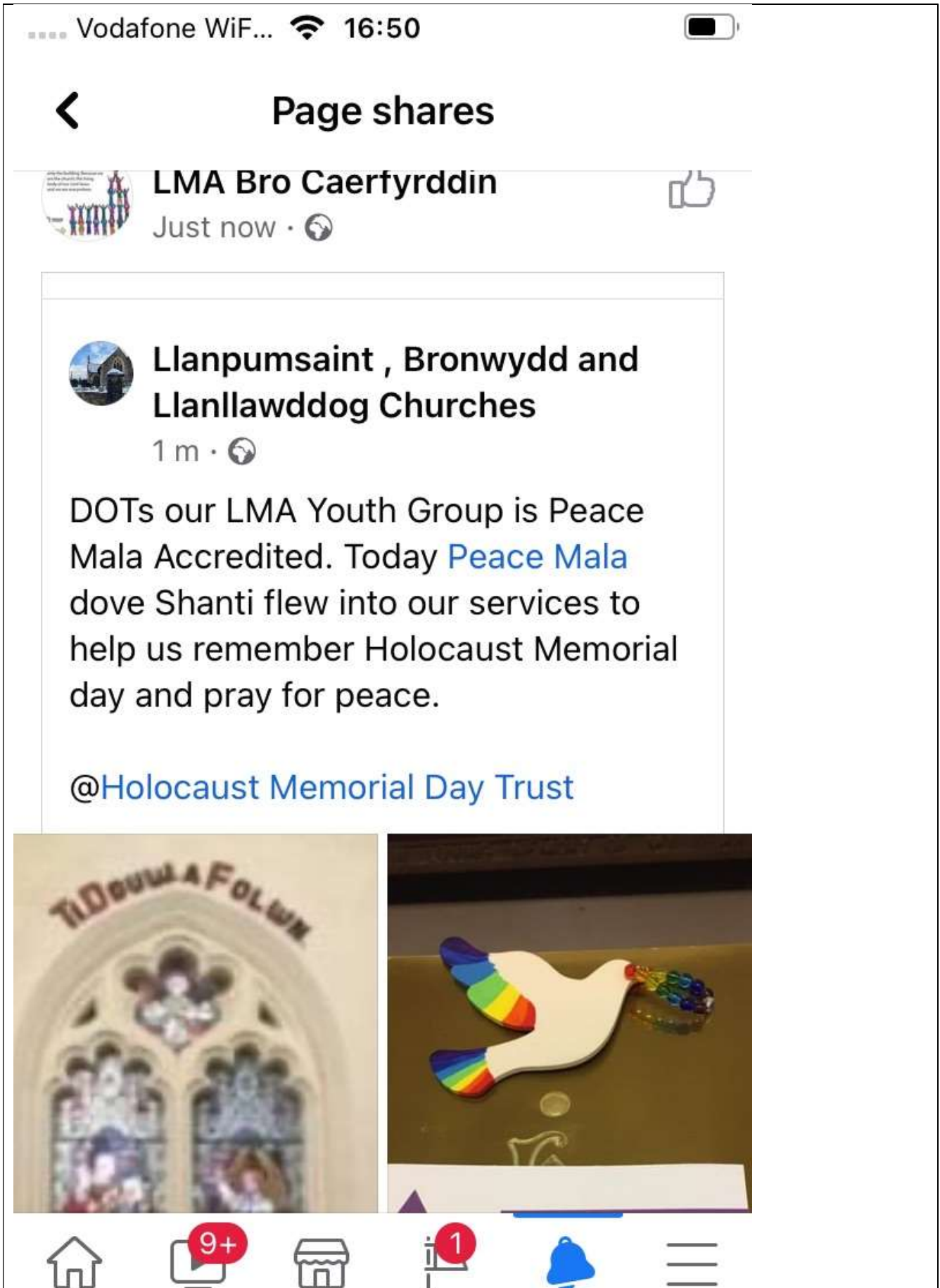
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among us.

May the words of our mouth and the desires of our hearts find favour in your sight O Lord

We continue to share news of our Peace Mala journey on our social media pages





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Emma and Lisa

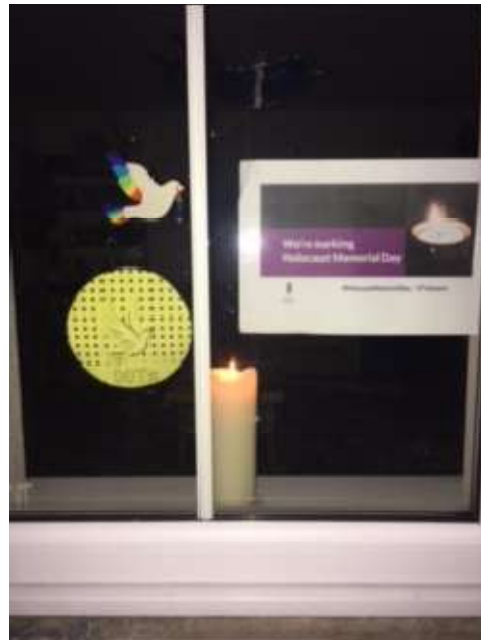


Rev'd Del



Eli, Eli's family shared this with us via our Whats app group:

"We lost 46 family members in the Holocaust that I'm aware of, so it always feels poignant when we light our Menorah; but also hoping and praying for a peaceful future for our next generations"



27th October 2022 DOTs learned more about hate crime with Zoom session with the Sophie Lancaster Foundation.

Sophie Lancaster was a young woman who was murdered for being different. She and her boyfriend were creative, artistic people who dressed in their own unique way. They were attacked by a gang of five boys in a park in Bacup, Lancashire on 11 August 2007. The gang attacked Sophie's boyfriend first and then turned on her, carrying out a brutal and sustained attack. Sophie



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remained in hospital for 13 days, before following medical advice, the family agreed to life support being switched off. Sophie died on 24 August 2007; she was just 20 years old.

Sophie's mother, Sylvia, had seen at first-hand the abuse and prejudice her daughter had previously been subjected to, because of how she dressed. During the long hours at hospital, Sylvia decided that when Sophie was better, they would go into schools and talk to young people about difference, and how it is ok to be who you are and express yourself in your own way. Sadly, Sylvia never got a chance to do this with Sophie.

Sylvia was determined that she would carry on this work and The Sophie Lancaster Foundation was established as a lasting legacy to a beautiful life cut short by violence. The charity works to promote tolerance and acceptance for others – however we are different, and champions alternative people in our communities. The Foundation's mission to stamp out prejudice hatred and intolerance everywhere, can be summed up in one word.

S.O.P.H.I.E



19th Jan 2023

We discussed Holocaust Memorial Day and watched an introductory video from the Holocaust Memorial Trust. DOTs were invited to join the #lightthedarkness campaign.





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27/1/2023

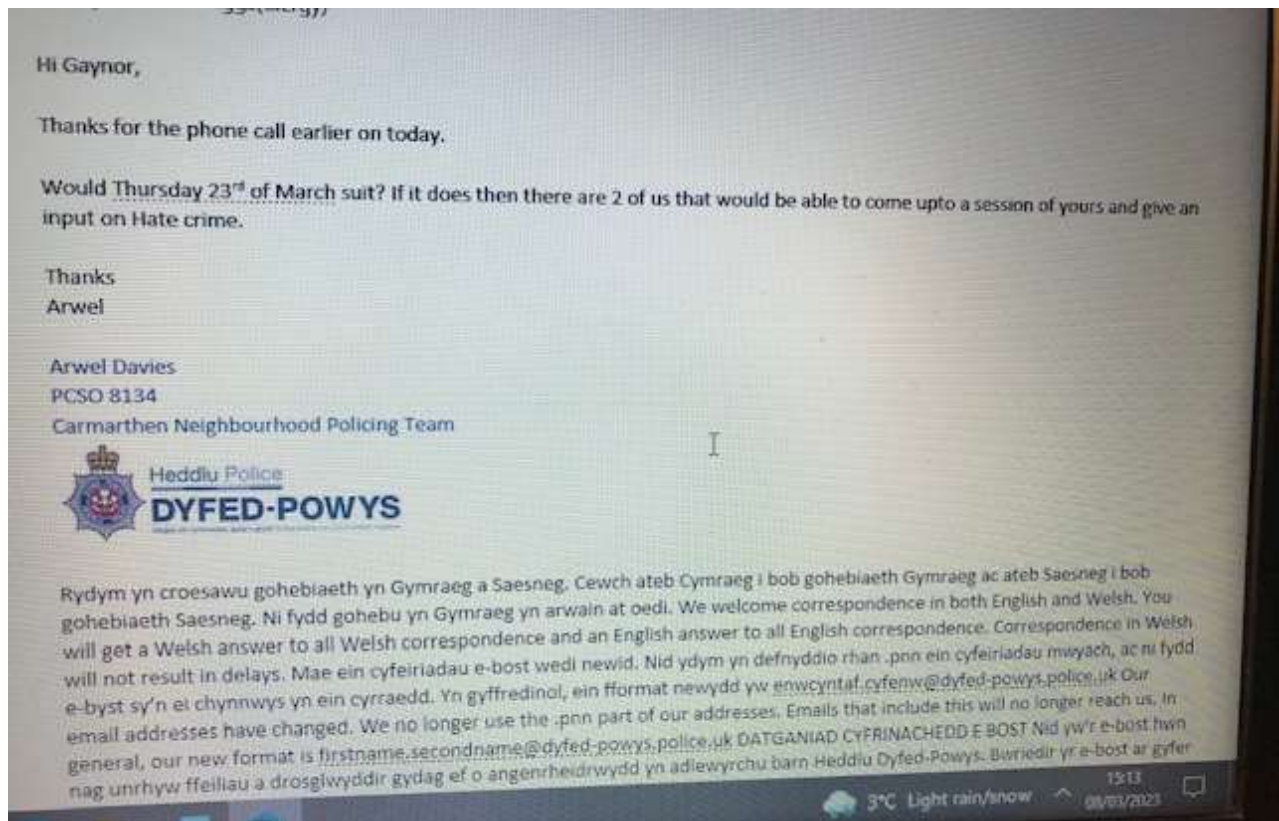
We joined the #LightTheDarkness Social Media campaign for Holocaust Memorial Day



We have a session with our Neighbourhood policing team on Hate Crime booked for 23rd March 2023



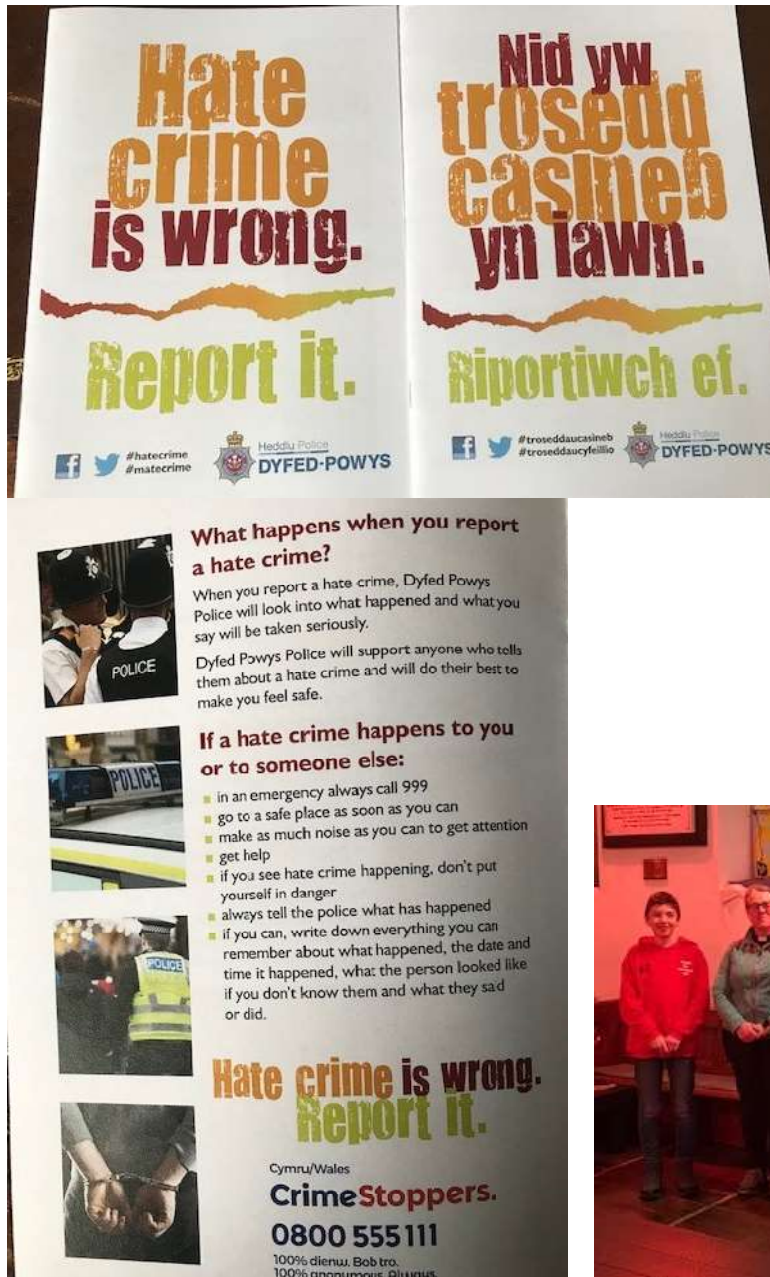
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Session on hate crime with neighbourhood policing team



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AREA FOUR

Peace Mala encourages the youth group to raise awareness of issues of **global interdependence** and encourages **active compassion** by young people that will lead to positive changes locally and globally.

Suggested Actions

Red Nose Day, Children in Need, Teddies4Tragedy, CEWC, Samaritans Purse Shoe Box



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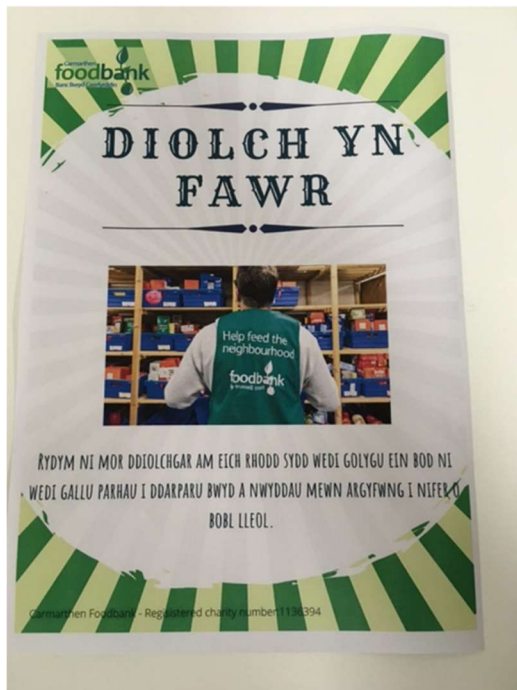


Campaign, UNICEF day for change, One World Week, One Life, ActionAid, World Vision, Cafod, SCIAF/TROCAIRE, Christian Aid, Muslim Aid, Healing Hearts Sufi Charity, Afritwin, Nelson Mandela Children's Fund.

The youth group does not need to engage with all of the above. We would, however, expect them to work with **at least two** humanitarian NGOs over the space of a year. It would be good to engage with one local and one global organisation.

Evidence

Please provide newspaper articles, and photographic and written evidence.



On 7th October 2021 we took the food collected at our Church Harvest celebrations to our local Trussel Trust Food Bank and learned about the work done there.

20th Feb 2022

DOTs members helped to lead our Zoom service for Fair trade fortnight. All four churches that Rev'd Gaynor has primary responsibility for are accredited fair trade churches.



CHOOSE THE WORLD YOU WANT



17th March 2022 we ran a comic relief (Red Nose Day Event)

Sponsored Run / Cycle For Comic Relief

Dot's Youth Group
is holding a Sponsored
Run / Cycle for Comic
Relief on the 17th of
March
They will be doing laps
of the village dressed
in red!



6 - 7 pm

THERE WILL
BE A CAKE
STAND IN THE
CHURCH



*Come down
and show
your support!*





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9/4/2022

DOTs continued to promote Fair Trade by organising a fair -trade raffle and giving out fair trade stickers at the Easter Market at Llanllawddog Church.



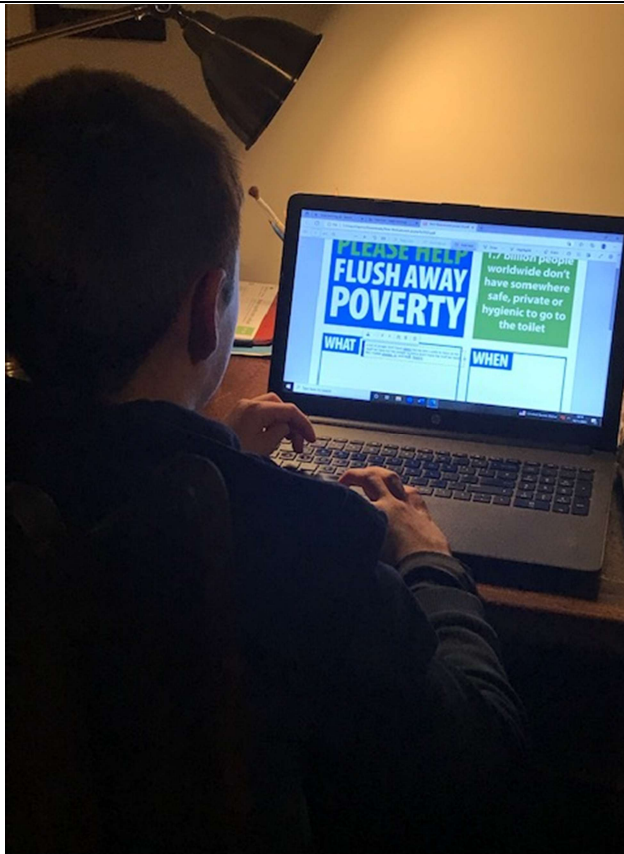
15/5/2022 Our church services which were attended by members of DOTs were Christian Aid themed.



10th November 2022 DOTs learned about toilet twinning and planned an event to raise money to twin the second toilet at Llanpumsaint Church.



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17/11/22 Toilet Twinning Event, we continue to tag Peace Mala in our Social Media posts.



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vodafone UK

22:32

Llanpumsaint , Bronwyd... 9+

Posts

About

Photos ▾

Mentions

We are ready! Please come and support DOTs youth group tonight 6-7.30pm @ Llanpumsaint Church as they raise money to help the 1.7 billion people in the world who don't have a safe and hygienic toilet . Refreshments and games . We look forward to seeing you all later.[Toilet Twinning](#)
[Peace Mala](#)

Llanpumsaint , Bronwydd and Llanllawddog Churches

37 m · 🌐

Great effort from DOTs tonight we raised £120 enough to twin toilets @ both Llanpumsaint and Llanllawddog churches. Thanks to everyone that came and donated to [Toilet Twinning](#) we sold tea and cakes, had toilet fact pass the parcel , guess how many sheets on the loo roll and chicken poo bingo !

Write a comment...

GIF

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2nd Feb 2023 DOTs were asked to assist at a coffee morning to raise funds for St David's diocesan children's charity Plant Dewi. The Manager of Plant Dewi came to speak with us about the work of the charity. As part of this session, we reflected on what family means to us.





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18/2/22 DOTs assist at Plant Dewi Coffee Morning

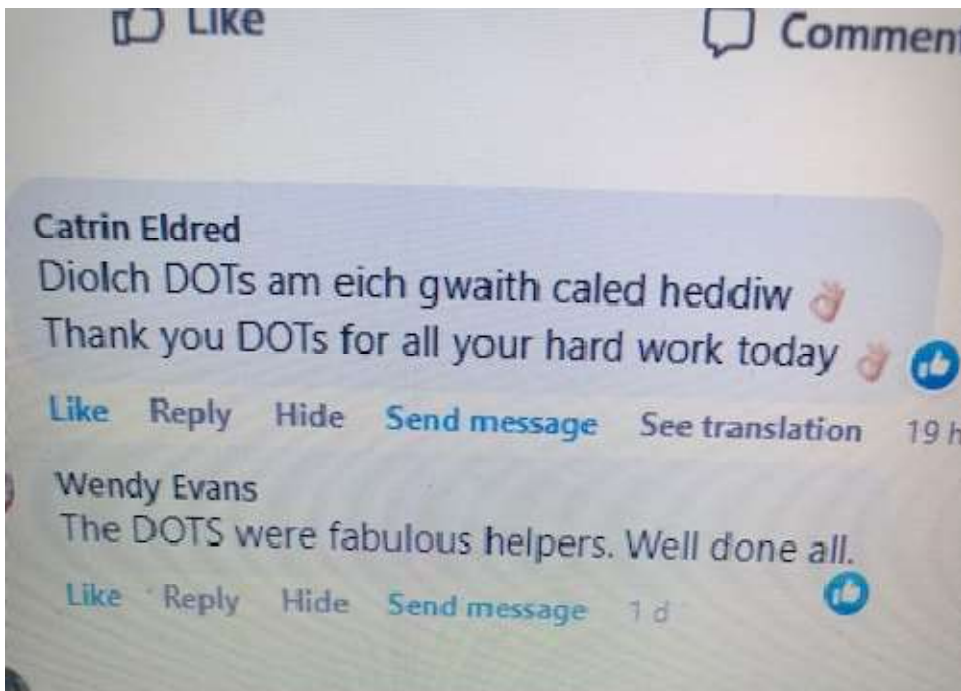




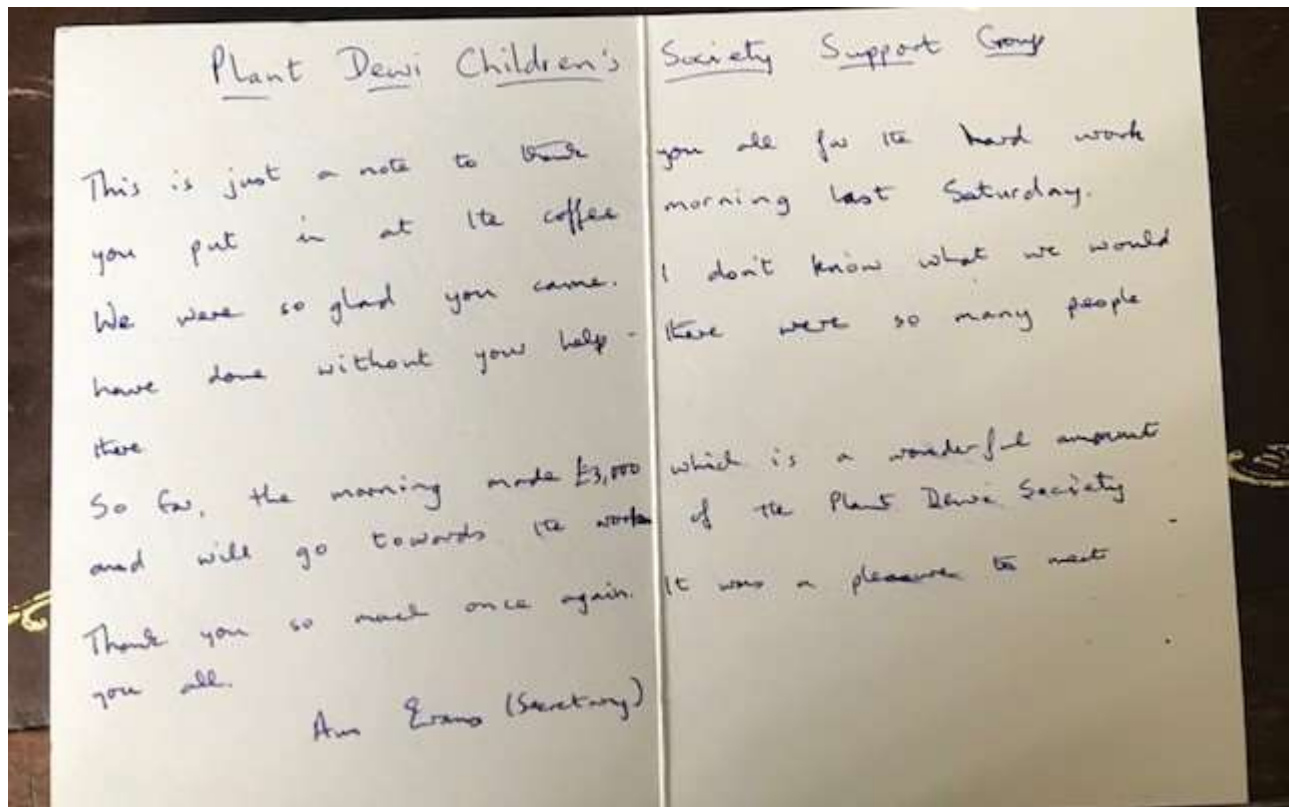
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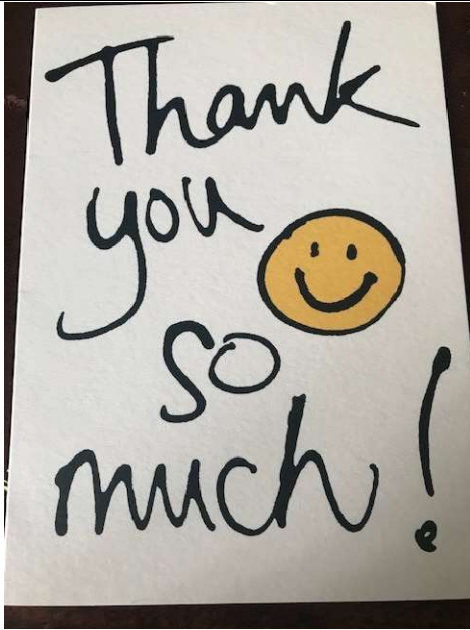


Comments received on our Church Facebook page after interaction at Plant Dewi Coffee Morning



Card received after Plant Dewi Coffee Morning





AREA FIVE

Peace Mala encourages the **celebration of cultural, racial and religious diversity through art, music, drama and dance.**

Suggested Actions

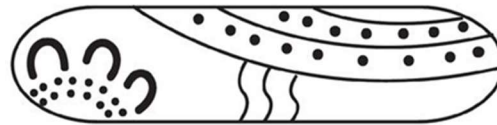
Special activities to celebrate the diversity of cultural and/or religious festivals. Celebrate 'On World Week'. Make links with local faith and cultural communities including churches, mosques, synagogues, gurdwaras and temples. Link with local Inter-Faith group. Make cultural links with youth groups in Developing Countries through the British Council or a similar organisation. The youth group does not need to engage with all of the above. We would, however, expect them to work with **at least two** initiatives over the space of a year.

Evidence

Please provide newspaper articles, and photographic and written evidence.



Message Stick



The message stick is an ancient form of communication. no words were used only pictures and symbols to convey a message or story.

Traditionally these were made and crafted from wood and were generally small and easy to carry.

Message sticks was the best way to communicate as there was over 200 Aboriginal languages.

Message sticks are still used today.

<https://www.youtube.com/watch?v=fAZAXDpkwv0>



21st October 2021 -we learned about Australian Aboriginal art and the use of message sticks. We



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made our own message sticks and thought about how we can share Peace Mala and Christian messages of love, peace and respect,

23rd October 2021 we visited Skanda Vale
[Ashram, temples & hospice - Skanda Vale](#)

Skanda Vale is a non-denominational spiritual centre and monastery located in Carmarthenshire, Wales, near the village of Llanpumsaint. Founded in 1973 by Guru Sri Subramaniam, the monastery is inhabited and run by the Community of the Many Names of God, which also runs Somaskanda Ashram in Switzerland.

Skanda Vale promotes a practical spirituality centred on devotion and selfless service.

Photography is not permitted inside the Ashram



Skanda Vale Temple Elephants Lakshmi and Vali

DOTs Youth Group report by Emma Clift (this was published in our Village News letter Village Voice Dec 2021)

On Saturday, the 23rd of October, we went to Skanda Vale as part of our Peace Mala Accreditation journey. We all arrived at 11 o' clock in the morning and stayed until 3pm. We were welcomed by Brother Francis and we learnt some of the history of Skanda Vale. It was bought in 1973 by Guru Sri Subramaniam of Sri Lanka as a 22acre farm. Today Skanda Vale is over 300 acres, as well as having the Skanda Vale hospice at Saron. Over the years the farm has been home to deer, buffalo, peacocks, parrots and many more. In 1982, Skanda Vale welcomed a young elephant named Valli all the way from Sri Lanka. Valli is now over forty years old. Three years ago, another elephant was re-homed there. She is another female elephant named Lakshmi. After an interesting talk by Brother Francis, we walked up through the winding woodland road. First we visited the Guru's grave and memorial statue. It was the Guru's wish was to be buried on that site. After paying our respects, we made our way towards the Maha Shakti temple, formerly a separate smallholding named Pengarn. We passed a few beautiful brown deer in the small paddock and there were a few chickens roaming around. We passed the old enclosure where Valli used to live, having a few years ago outgrown it and moved to larger accommodation. We waited for the elephants to return from their walk and then were allowed in to the enclosure to see them and feed them. We fed them some chopped bananas,



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apples and melons. Hand feeding an elephant was a new experience for many of us.

Following this experience, we re- traced our steps back down to the Subramanium temple. We were very privileged to be able to sit inside the temple for the “pooja” as many people had to sit outside in marquees and watch virtually. It was a very spiritual experience for us all, but also very educational to learn about their way of living. We were then invited for a meal of curry and rice, followed by a lovely cup of tea. After a visit to the shop, we said good-bye. We all enjoyed our visit to Skanda Vale and would like to thank everyone there for their warm welcome.

Grwp Ieuenctid DOTs

Ar Ddydd Sadwrn, y 23ain o Hydref, buon yn ymweld â Skanda Vale fel rhan o daith wedi ei awdurdodi o dan Peace Mala. Cyrhaeddodd am 11 o'r gloch y bore, a buon yno nes 3 o'r gloch y prynhawn.. Cawsom groeso gan y Brawd Francis, a dysgom ychydig o hanes Skanda Vale. Prynwyd y lle ym 1973 gan Guru Sri Subramanium o Sri Lanka fel fferm 22 erw. Heddiw, mae Skanda Vale dros 300 erw, yn ogystal â Hospis Skanda Vale yn Saron. Dros y blynyddoedd mae'r fferm wedi cartrefu ceirw, byffalo, paun, parotiaid a nifer mwy . Ym 1982 daeth eliffant i Skanda Vale o'r enw Valli, yr holl ffordd o Sri Lanka. Mae Valli nawr dros 40 oed. Tair blynedd yn ôl, daeth eliffant arall yno, o'r enw Lakshmi.

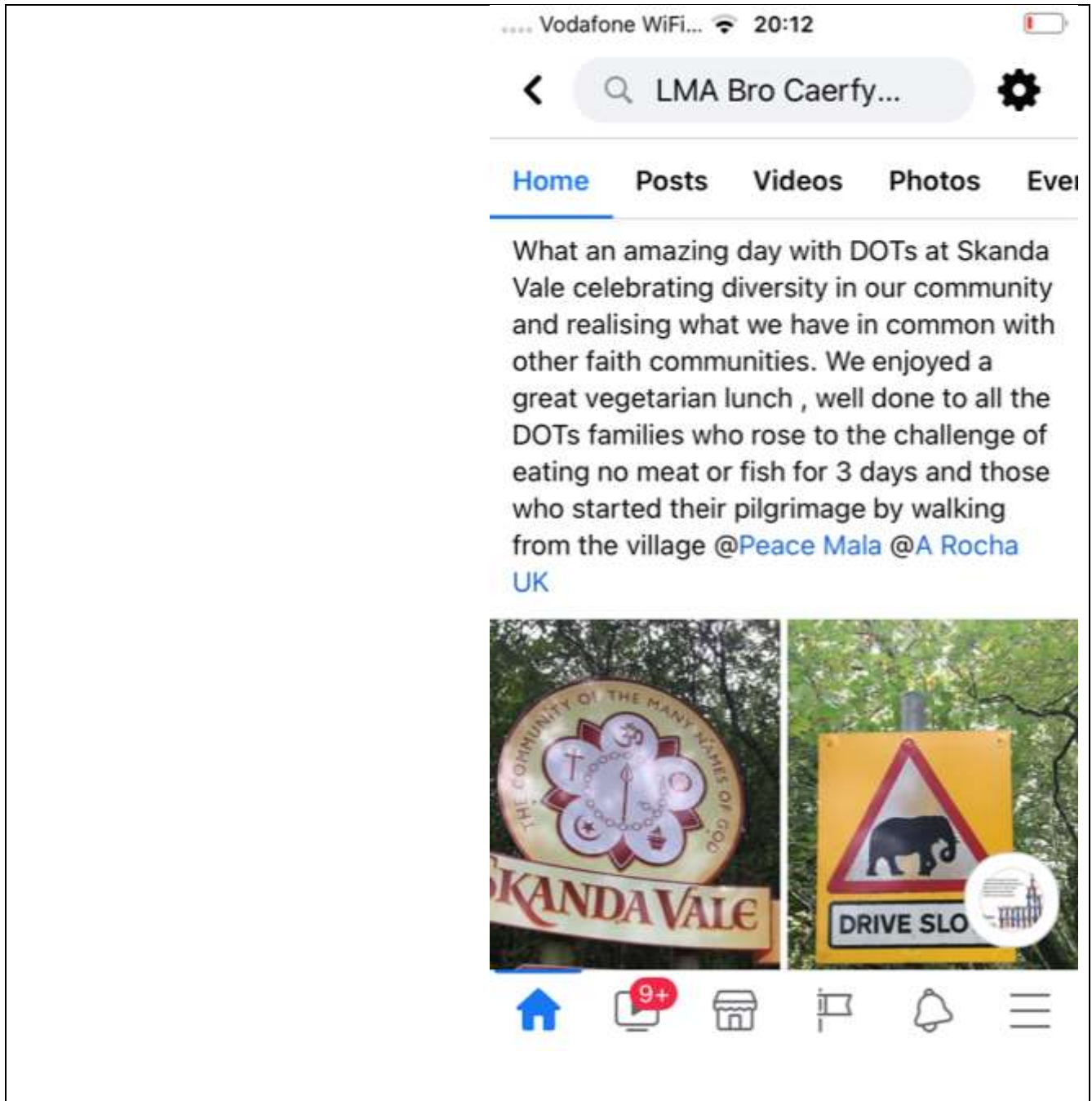
Ar ôl sgwrs ddiddorol gan y Brawd Francis, mi aethon i gerdded i fyny drwy heol droellog y goedwig. Yn gyntaf aethon i ymweld â bedd y Guru ac ei gerflun coffaol. Dymuniad y Guru oedd cael ei gladdu ar y safle hwnnw.

Ar ôl talu teyrnged iddo, mi wnaethon barhau i fyny i deml Maha Shakti , a arferai fod yn fferm fach o'r enw , Pengarn. Roeddwn yn pasio ceirw brown hyfryd yn y cae, a roedd ieir yn crwydro o gwmpas . Mi wnaethon fynd heibio 'r hen sied ble bu'r eliffant yn byw cyn tyfu yn rhy fawr iddo, a symud i gartref o fwy. Arhoson i'r eliffantod i ddychwelyd gan eu bod wedi bod yn cerdded, a chawsom ganiatad i fynd mewn i'r sied i'w bwydo. Roedd yr eliffantod yn cael ffrwythau- bananas, afalau a melwn. Roedd bwydo eliffant o'n dwylo yn brofiad newydd i'r rhan fwyaf ohonom.

Wedi'r profiad arbennig yma, buon yn ail ddilyn y llwybr yn ôl lawr i deml Subramanium. Cawsom y fraind o eistedd yn y deml ei hunan adeg y “pooja” yn hytrach na gwyllo'r gwasanaeth ar sgrin o babell tu allan. Roedd yn brofiad ysbrydol i ni gyd, ond hefyd yn addysgol i ddysgu am eu ffordd o fyw. Yna, cawsom wahoddiad am bryd o fwyd gyda nhw o gyri a reis , ac i ddilyn , cwpaned o de hyfryd. Wedi ymweld a'r siop, dywedon hwyl fawr. Roeddwn wedi mwynhau ein hymweliad a hoffem ddiolch i bawb yn Skanda Vale am y croeso cynnes.



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1/11/21

4/11/21 DOTs supported St Peter's Church Carmarthen helping set up for a book fair



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19/12/21

Members of DOTs helped to lead a Zoom Nativity for the Zoom congregation led by Rev'd Gaynor.



24th March 2022

DOTs were hosted by our Muslim friends at our local mosque. We had a great time learning about each other's faiths, reflecting on what we have in common and sharing food together.



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16/4/22

Members of DOTs helped to decorate Llanpumsaint Church ready for Easter, some of the decorations were Peace themed.



April 2022

Two of our DOTs are supporting Llanpumsaint Church via their Duke of Edinburgh Volunteering assisting with refreshments after Sunday services and at our community Café.



5th June 2022

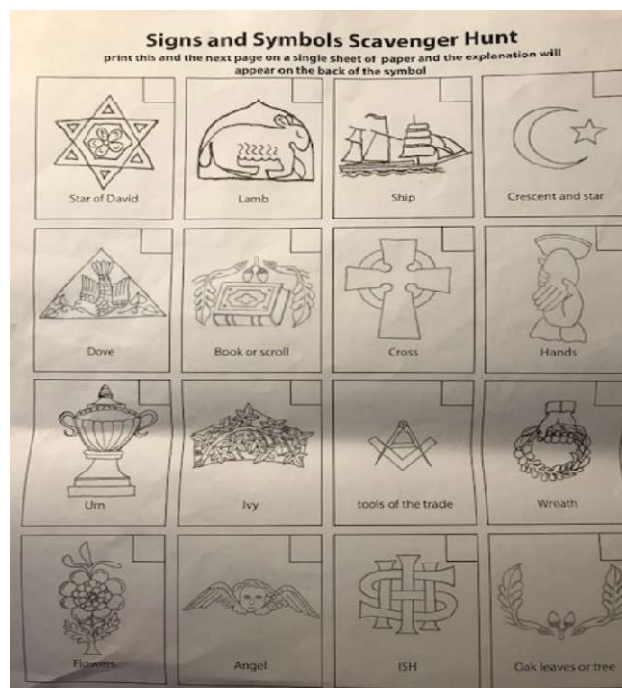
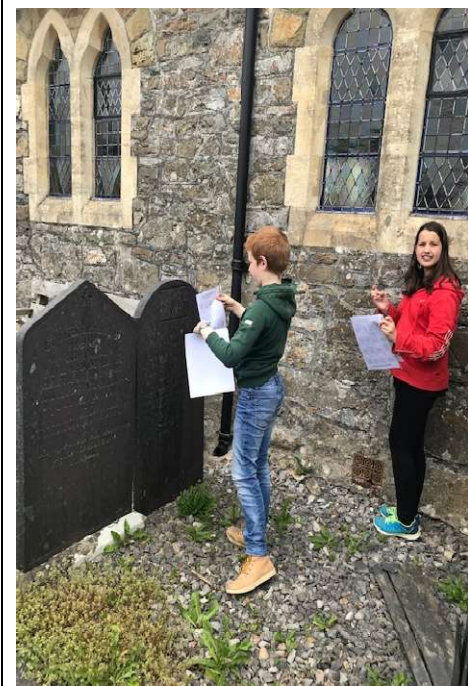
DOTs joined our friends at Llanllawddog Church for jubilee celebrations with a quiz on music from 1950s to present day.



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23/6/22 We carried out a grave yard scavenger hunt learning about the significance of symbols used on memorial stones.





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Signs and Symbols Scavenger Hunt			
Crescent and star This is a symbol of Islam as is the name of god or the greatest name	Ship A ship or a boat could mark the grave of a sailor. It is also a symbol for taking a journey.	Lamb Jesus as the lamb of God, also a symbol of gentleness and innocence	Star of David or 6-Pointed Star This is a symbol of Judaism or a Masonic symbol
Hands Hands clasped means a close bond like a marriage. Hands pointing down is thought to mean a sudden death and pointing up means heaven.	Cross You may find different types of cross but they all symbolise a strong Christian faith.	Book or scroll This could symbolise faith or a scholar. The book may be a bible symbolising a religious person or a prayer. A scroll is a symbol of life and time.	Dove This is a symbol of the Holy Spirit and of the release of the soul after death
Wreath This is a symbol of victory over death	Tools of the Trade You may find a symbol that shows a job or hobby. An anvil or hammer could be the symbol of a blacksmith. A violin could be a symbol for a musician and miner's lamp a miner.	Ivy Ivy has many meanings including memory, immortality, friendship, faithfulness, undying affection and eternal life.	Urn This is a Greek symbol of mourning, symbolising sadness. An urn was originally used to put the ashes of the dead in ancient times.
Oak leaves or tree The oak tree has many meanings including hospitality, stability, strength, honour, eternity, endurance and liberty. It is believed to have been the tree from which Jesus Christ's cross was made.	ISH This is Latin for Jesus Hominum Salvator which means Jesus the Saviour of Man. IHS are also the first 3 letters of the Greek word for Jesus.	Angel Angels are the agents of God, often pointing towards heaven. They could symbolise the guardians of the dead and spirituality.	Flowers They are often found on gravestones and mean many different things including love, beauty and hope. The lily is an ancient Greek symbol of motherhood.

Members of DOTs joined in our Forest Church event walking to and visiting Ffynon Henri Baptist Chapel. 11th September 2022. We met Gwyn who was baptised by full immersion in the river baptistry at the chapel and used to walk to chapel every Sunday from Llanpumsaint with his family.



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FOREST CHURCH
SUNDAY 11TH SEPT 2022

Meet 2pm Llanpumsaint Church .
ETA Ffynnonhenri Chapel 3.30pm.

The Event will finish at the Chapel so you may choose to walk back or arrange a lift, please car share as much as possible. Those with limited mobility may choose to meet us at the Chapel.

Please note this is an outdoor event and dress appropriately for the weather. Strong waterproof shoes or boots recommended

A walk of approx 2.5 miles with reflective activities along the way. The first 1.5 miles are easy walking along quiet roads. It would be possible to leave the walk at the end of this section. We then take steep and uneven paths across fields to our destination.





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7/10 /22 DOTs attended, mixed with people of all ages and helped run activities at the Llanpumsaint Church Harvest Supper.

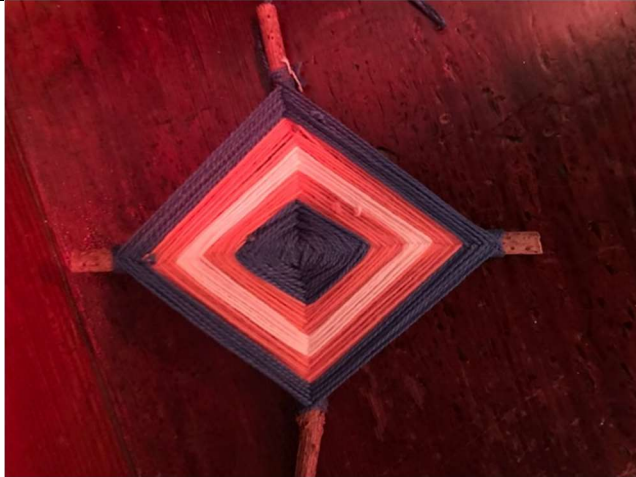


26th Jan 2023 – We made God's Eyes





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A God's eye (in Spanish, Ojo de Dios) is a spiritual and votive object made by weaving a design out of yarn upon a wooden cross. Often several colours are used. They are commonly found in Mexican, Peruvian people and Latin American communities, among both Indigenous and Catholic peoples.

Ojos de Dios are common in the Pueblos of New Mexico. Often they reflect a confidence in all-seeing Providence.

AREA SIX

With Peace Mala the youth group **actively promotes environmental sustainability, healthy eating, and respect for all animals and wildlife.**

Suggested Actions

Set up an Eco Council, Greenpeace Explore Peace Mala Rainbow Foods for good health and celebrate with a communal meal, RSPCA, WWF, Donkey Sanctuary, RSPB, and IFAW.

The youth group does not need to engage with all of the above. We would, however, expect them to work with **at least one** green initiative, **one** healthy eating activity, and **one** animal NGO over the space of a year.

Evidence

Please provide newspaper articles, and photographic and written evidence.

The churches in our group are A Rocha UK Eco Churches we help to maintain eco church status by ensuring our bird feeders are filled regularly.

<https://ecochurch.arocha.org.uk/>



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We continue with our eco bricking project

<https://www.ecobricks.org/how/>





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October 2021

4th December 2021 – we began renovating the old phone box outside Llanpumsaint Church for use as a community book exchange. Encouraging swapping and recycling of books rather than buying new ones. in line with eco church values.





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28-30th Jan 2022 we encouraged our members to take part in the RSPB Big Garden Bird Watch



Emma and Lisa were lucky enough to spot a Goldfinch



5/2/22 Work on the book exchange continues DOTs have now officially become eco champions for



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Llanpumsaint Church.



12th Feb 2022

DOTs help with weeding at Llanpumsaint Church yard, as we have stopped using chemical weed killers in an attempt to be more environmentally friendly.

2/8/2022 DOTs engaged in another weeding session @ Llanpumsaint Church.



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Ensuring bird feeders are kept clean and well stocked.

7th April 2022

DOTs took part in a litter pick around Llanpumsaint Village



We encourage walking, cycling, car sharing and use of public transport as much as possible



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Dots on the train for our trip to Heatherton

21/4/2022

22/4/2022 the following article appeared in our Village News letter Village Voice.



Village Voice April 2022

Copy Date for next Edition 26th May 2022

Village Voice is published by Llanpumsaint Community Information Exchange www.llanpumsaint.org.uk
email info@llanpumsaint.org.uk. Please send items to info@llanpumsaint.org.uk or post to Bodran Felin, Llanpumsaint SA33 6BY

Brechfa Forest West Wind Farm Community Fund provides some funding for Village Voice
and our website www.llanpumsaint.org.uk. We also receive funding from Llanpumsaint
Community Council and all our advertisers. We thank them all for the support.



Phone Box by Church now a book exchange!



DOTs Church Youth Group and Llanpumsaint Community Council have been working in partnership to revamp the disused telephone box that is outside of Llanpumsaint Church. The telephone box is owned by the Community Council who kindly provided the paint and tools for the revamp, whilst the DOTs have been doing the work. The work started in November 2021, they began by stripping off the old paint and cleaning up the inside. The cabinet was put inside the telephone box. The DOTs met again on the 5th February, 2022. This time they added in an extra coat of the brand-new fabulous red. They also organised the filing cabinet and made some signs.

HOW TO USE IT – The service is completely free to use. Choose a book and keep it as long as you want or swap with one of your own. There are numerous signs around the phone box too. Feel free to leave your comments in the Visitors Book.

The DOTs are working towards their silver Peace Mala Accreditation Award, the book exchange kiosk will help as they are sharing with the community. It also helps with our Eco Church status as we have reused

the Phone box, the filing cabinet and all the books are donated and reused.

Thank you to all who have donated your preloved books. Thank you to all who have put their time aside to help the DOTs. Thank you to Llanpumsaint Community Council for allowing us to do this.

We hope you enjoy using the Book Exchange, feel free to use it at any time!

Megan and Emma

DOTs is a Peace Mala accredited Youth Group more info at www.peacemala.org.uk

5th May 2022

We spent the evening with Bat expert Steve from the Bat Conservation Trust learning about listening to and watching bats.



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To: Gaynor Jones-Higgs(Clergy)

Good morning Gaynor – thank you for last night. I think they all enjoyed.

I have looked at the bat detector results from the bat detector I put out in the graveyard. We had soprano pipistrelle but also a noctule too which was nice. Down at the river there were both common and soprano pipistrelles.

A good night even though it was a tad cool.

Steve

I

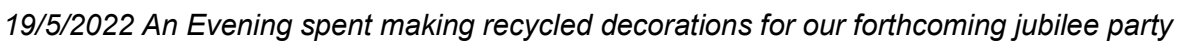
12th May 2022

We visited West Wales Hedgehog rescue and learned more about the conservation of hedgehogs.



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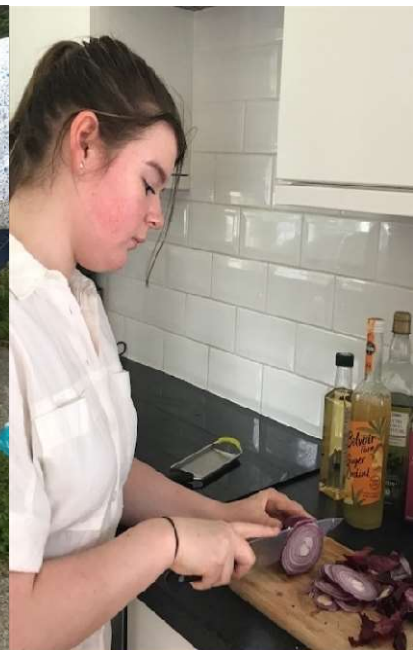
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16/5/2022 We held our annual LOAF BBQ we promote and discuss frequently with our young people LOAF eating principles Local, organic, animal friendly and fair trade. Young people picked and prepared food for the BBQ and discussed healthy eating as they were doing so, some tried foods they had never eaten before.



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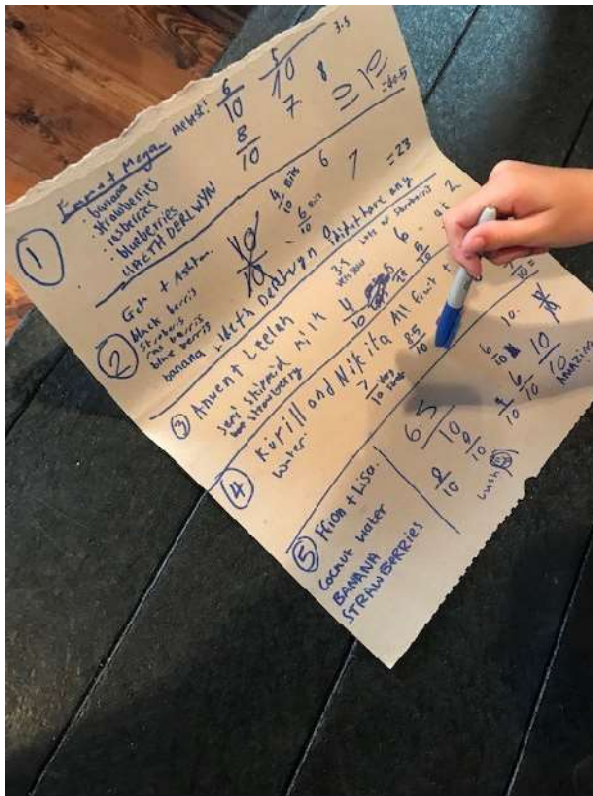




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8/9/2022 an evening making LOAF fruit smoothies and discussing food miles and healthy eating.





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28/1/2023 We encouraged our members and wider Church to get involved with the RSPB Big Garden Birdwatch.

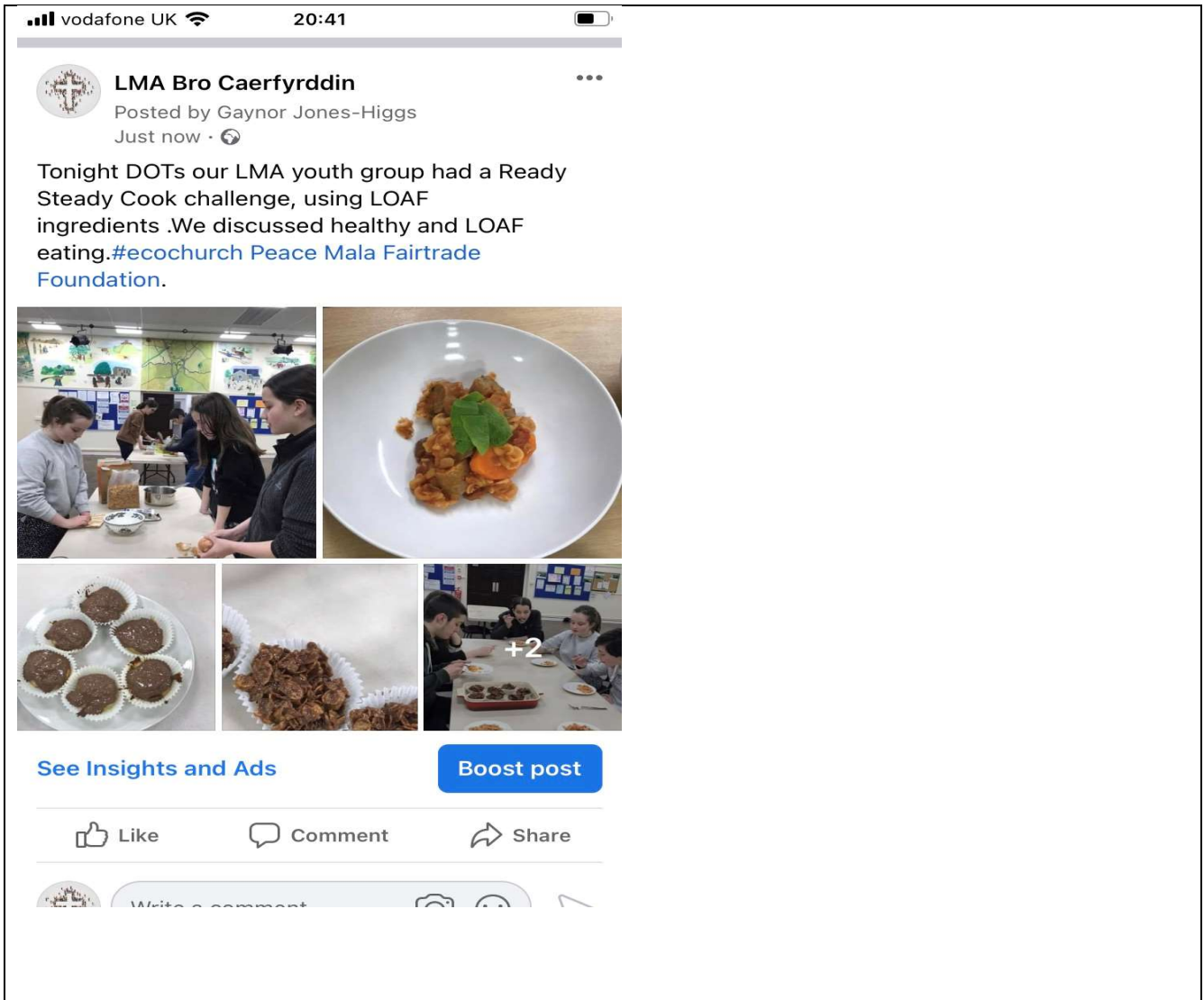


Vicarage Results

9/3/2023 We had a ready steady cook event and posted about it on social media.



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AREA SEVEN

With Peace Mala the youth group **encourages Peace Education by forming a Youth Peace Council and engaging in peace activities.**

Suggested Actions

Youth Peace Council, Valentine Peace Project, UN International Day of Peace, make a peace garden with prayer tree or labyrinth, Sessions in meditation/stilling exercises (see guide to the Peace Mala), Community Peace Box, Peace Mala Pilgrimage, Using the Peace Mala to pray for world peace (Peace Mala booklet of Peace Prayers), One Day One Day Choir.

The youth group does not need to engage with all of the above. We would, however, expect them to work with **at least two** peace initiatives.

Evidence

Please provide evidence both photographic, Newspaper articles and written.

DOTs engaged with a prayer tree activity at our Forest Church event on All Hallows Eve 2021 we remembered how people of both Druid and Christian faiths had worshipped before us in this place.



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10th November 2021 Prior to Remembrance Day we took a walk around Carmarthen's war memorials, we talked about why they are there and what they remember, and prayed for peace.





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14/11/21 DOTs joined the community act of remembrance at Llanpumsaint and Ffynon Henri Memorial Hall. We used our poppies to help us pray for peace and Rev'd Gaynor talked about Peace Mala in her sermon.

Prayers with poppies

Look at your poppy. Poppies are bright and cheerful flowers: give thanks to God for the lives of those who have died in war, remembering all the joy they brought to families and friends, and all the good things they did for their home and their country.

Then look at the red petals: red reminds us of danger and harm. Ask God to be close to those who are still facing danger each day, to give courage to the armed forces, and compassion to all who help others.

Place your whole hand over the poppy: poppies are also fragile and need to be handled gently. God cares for those who are hurting and those who are sad. Ask God to comfort all who are grieving the loss of someone they love.

Finally place a finger on the centre of the poppy: ask God to help you play your part in working for peace in the world.



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18/11/21 Planting bulbs for peace garden



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19/12/2021

Members of DOTs attended Christingle service at Llanpumsaint Church where we prayed for Peace.

The Prayers

The Christingle reminds us of our world and so we pray:

For all people in their daily life and work: for our families, friends and neighbours and for all those who are alone: for all Christians that we may shine in the dark places of the world.

In faith We pray:

We pray to you, Lord God

For help to care for your world: for those who do not share the good things we take for granted: for those who do not know the light of Jesus in their lives.

In faith we pray:

We pray to you, Lord God

For the peace of the world: *for our own needs and the needs of others:*

for those who lead us, teach us and help us live together:

In faith we pray:

We pray to you, Lord God



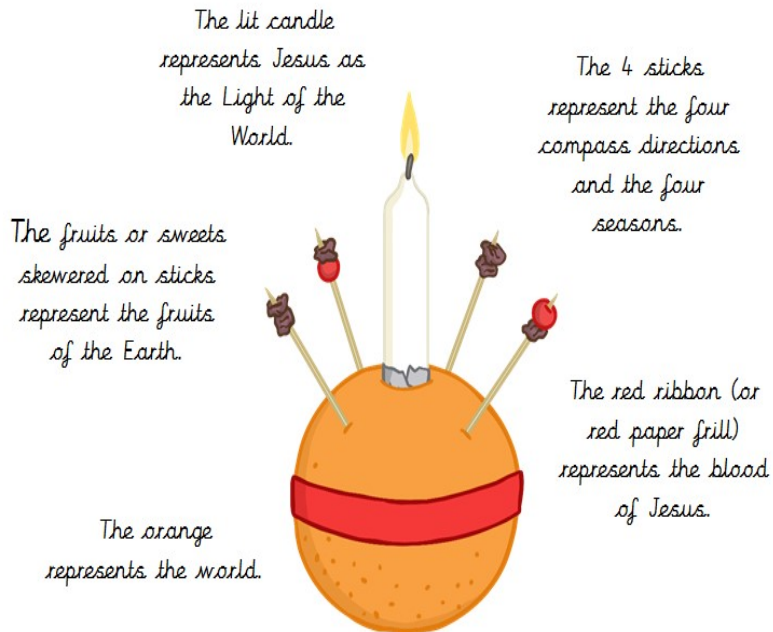
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For everyone who is sad, in danger or in trouble: for all people who have no food, home or clothes; for those who need God's help, especially the sick and anxious the lonely and afraid: and for those who look after them.

In faith we pray:

We pray to you, Lord God



30 /1/22 Members of DOTs prayed for peace at our Candlemas themed Forest Church.

Prayers from "A Heart for Creation" Robin Morrison

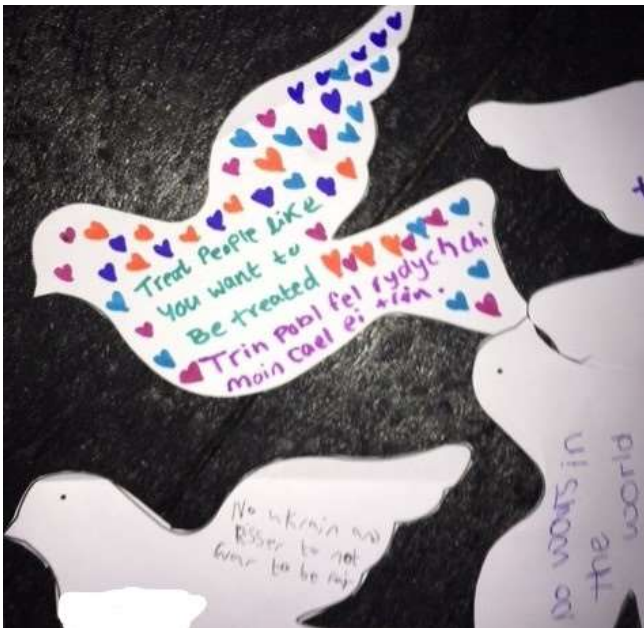
We hold these lights: for those in need, for people and Churches suffering discrimination and persecution, for future peace and justice in countries where there is war and injustice.



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17th Feb 2022 – with increasing tensions on the Russian Ukraine boarder, we discussed this situation and prayed for peace.





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Vodafone WiF... 19:38

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LMA Bro Caerfy...

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 **LMA Bro Caerfyrddin** ...

Posted by Delyth Anne Richards

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This evening, the young people from our DOTs youth club, prayed for the Peace of our world! 🕊





27/02/22 We Prayed for Peace at our Sunday services which were attended by members of DOTs

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Holy and Gracious God

We pray for the people of the Ukraine and the people of Russia, for their countries and their leaders.

We pray for all those who are afraid; that your everlasting arms hold them in this time of great fear.

We pray for all those who have the power over life and death; that they will choose for all people life, and life in all its fullness.

We pray for those who choose war; that they will remember that you direct your people to turn swords into ploughshares and to seek peace.

We pray for leaders on the world stage; that they are inspired by the wisdom and courage of Christ.

Above all, Lord, today we pray for peace in Ukraine.

And we ask this in the name of your blessed Son.

Lord have mercy.
Amen



8/3/2022 Members of DOTs attended a peace vigil @ Llanpumsaint Church



13/3/2022 DOTs attended Sunday services booth on Zoom and in person where we continued to pray for peace.



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A Prayer for Ukraine

God of peace and justice,
we pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow,
that your Spirit of comfort would draw near to them.
We pray for those with power over war or peace,
for wisdom, discernment and compassion
to guide their decisions.
Above all, we pray for all your precious children, at risk and in fear,
that you would hold and protect them.
We pray in the name of Jesus, the Prince of Peace.
Amen.

Archbishop Justin Welby
Archbishop Stephen Cottrell



14 /4/2022



DOTs helped to lead a Maundy Thursday commemoration of the Last Supper @ Llanpumsaint Church where we prayed for Peace.

“Lord, we pray for all those who today, like your people in Egypt long ago, are oppressed and treated unjustly by those in power who abuse their authority. We pray that arrogance and cruelty may give way to humility and a kindness that seeks not to crush but to serve and nurture the weak and vulnerable. We pray especially tonight for the peoples of Ukraine and Russia and for peace in the world.”



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17/4/22 DOTs attended Easter Sunday services both on Zoom and in Llanpumsaint Church where we prayed for peace,

Easter Renewal of Baptismal Promises

*“Will you seek and serve Christ in all people, loving your neighbour as yourself?
With the help of God, I will.*

*Will you acknowledge Christ’s authority over human society, by prayer for the world and its leaders, by defending the weak, and by seeking peace and justice?
With the help of God, I will.*

Intercessions

On this day which the Lord has made, let us rejoice with those who have received good news and pray for all who are waiting for healing and liberation.

On this day which the Lord has made, let us rejoice with those who enjoy good health, and pray for all who experience sickness or illness.

On this day which the Lord has made, let us rejoice with all families united in love and pray for those separated from their loved ones by distance or pain.

Dismissal

Go in peace to love and serve the Lord, alleluia, alleluia!
In the name of Christ. Alleluia, alleluia!



15/5/2022 our services for Christian Aid week attended by members of DOTs included prayers for peace.

“Creator God, cultivator of our faith, thank you for the privilege of living in this global garden planted to bear your fruit, to delight our tongues, to fill our bellies, to energise our bodies. You have given us life in all its fullness. You have given us life, yet millions still hunger. Help Christian Aid support communities throughout the world, and partners who hunger to provide. But may our support not end here. May we be the seeds from which your kingdom grows.



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In our hunger for peace, we pray for the peoples of Ukraine and Russia but may our concern for them not stifle our concern for Zimbabwe Afghanistan Syria Palestine and all those other places to whom our hearts have become hardened through over-familiarity.

THEY WILL HUNGER NO MORE AND THIRST NO MORE




18th May 2022

We shared the Urdd Message for Global Peace



Neges Heddwwch ac Ewyllys Da
Peace and Goodwill Message



The Climate Emergency

The clock is ticking
And our world is on fire.
It's time to wake up.

Floods, fires, starvation, and poverty,
this is our reality.

Migration, conflict and displacement,
is this what our future holds? .

Why are we still listening
to the blah, blah, blah of those in power?

Why do we still believe
that we can buy our way out?

It's time to wake up.
It's time to make a change.




We can't carry on like this.
We have the privilege of choice,
to slow down, to lessen our use,
to think,
to stop overconsumption.

Because we won't be the first to suffer.
And so here's our promise
to change the way we live
and to call for a systemic change
for the sake of those in the Global South.
For the sake of a future.

We'll begin with ourselves
by making small changes
And putting pressure on corporations and politicians
to make the big changes.

This is our promise.
What's yours?
It's time to wake up.

Please get involved on May 18 2022:
Share our Climate Emergency Peace and
Goodwill Message that will appear as a
pinned post on @Urdd Twitter, using:
#Heddwwch100
#ClimateEmergency
Thank you for your support.
heddwch@urdd.org
www.urdd.cymru/heddwwch


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LMA Bro Caerfyrddin
Posted by Gaynor Jones-Higgs
20 m ·







DOTs Bro Caerfyrddin LMA Church in
Wales Youth Group are happy to share the
Urdd Peace and Goodwill message. We take
this challenge seriously and are already a
[Peace Mala](#) accredited youth group, in
addition four churches in our LMA are [A
Rocha UK](#) Eco churches and we are the
Eco Champions for Llanpumsaint Church.
[Urdd Gobaith Cymru #Heddwwch100](#)



Urdd Gobaith Cymru · Follow
1 h ·

Mae'n amser deffro.

Mae pobl ifanc Cymru yn ga... See
See Translation



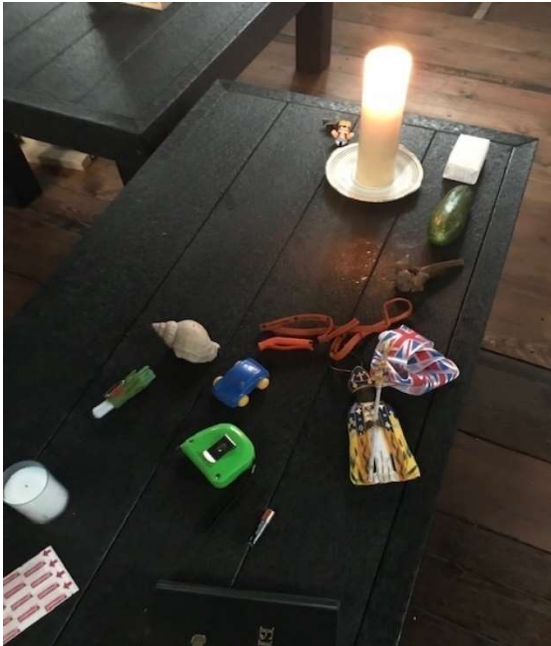
8/11/22 Whilst at DOTs we learned about the Death of Queen Elizabeth II we spent some time in prayer and reflection using prayer prompts pictured, Books of condolence were set



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up at Churches in our Local Ministry Area that DOTs were invited to contribute to





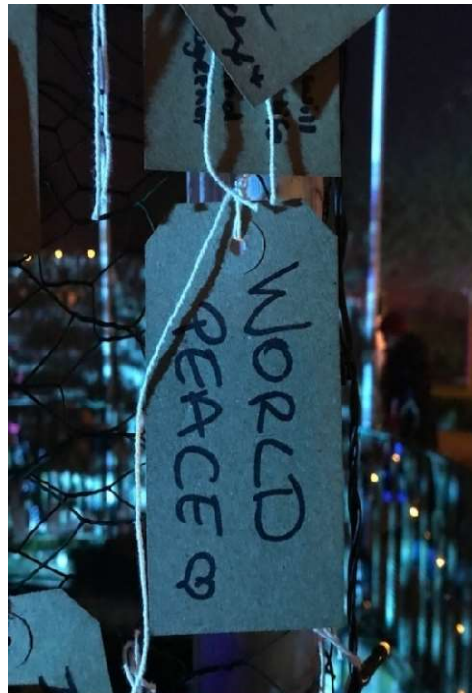
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13th November 2022

Members of DOTs joined in prayers for peace at the Remembrance Sunday Service at Llanpumsaint Church

8th December 2022 We took part in the Luminate Event at the National Botanic Gardens of Wales. At the "Wish Wall" we took time to notice peoples wishes and how many had wished for peace. We discussed the difference between wishes and prayers. We also noticed the nativity in the Lego Village and talked about advent themes of darkness and light and Jesus as the light of the world.





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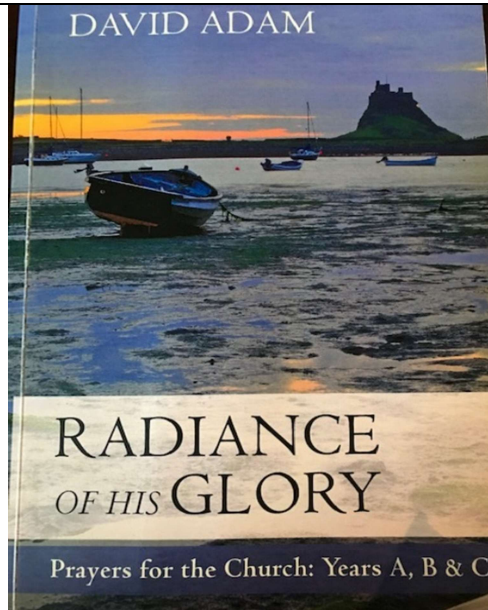


25th December 2023 Members of DOTs attended our Christmas Day services where we prayed for Peace.

The peace of your presence be upon your troubled world,
the power of your presence protect us from evil,
The light of your presence scatter the darkness from before us.
Give peace on earth, peace among the nations and
peace in each land.
Prince of peace,
reveal to us your glory.



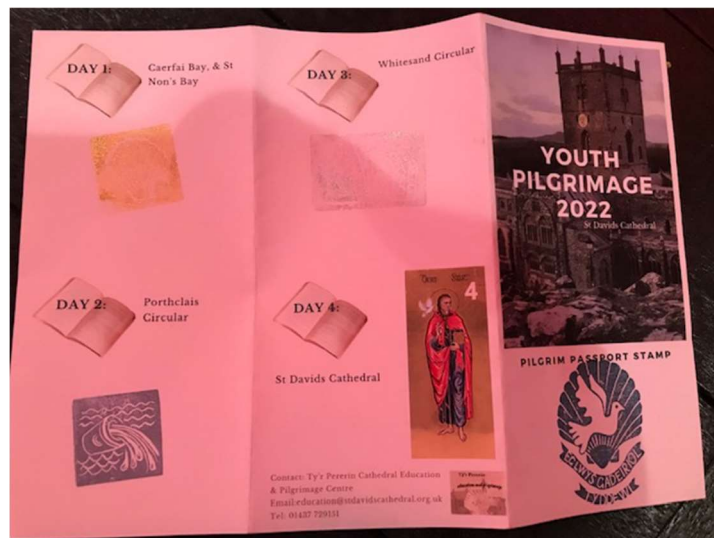
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Prayer taken from

26th January 2023

We had a visit from the young people and their leaders of Bro Lliedi LMA they helped us to learn more about pilgrimage and encouraged our young people to participate in the 2023 diocesan youth pilgrimage.





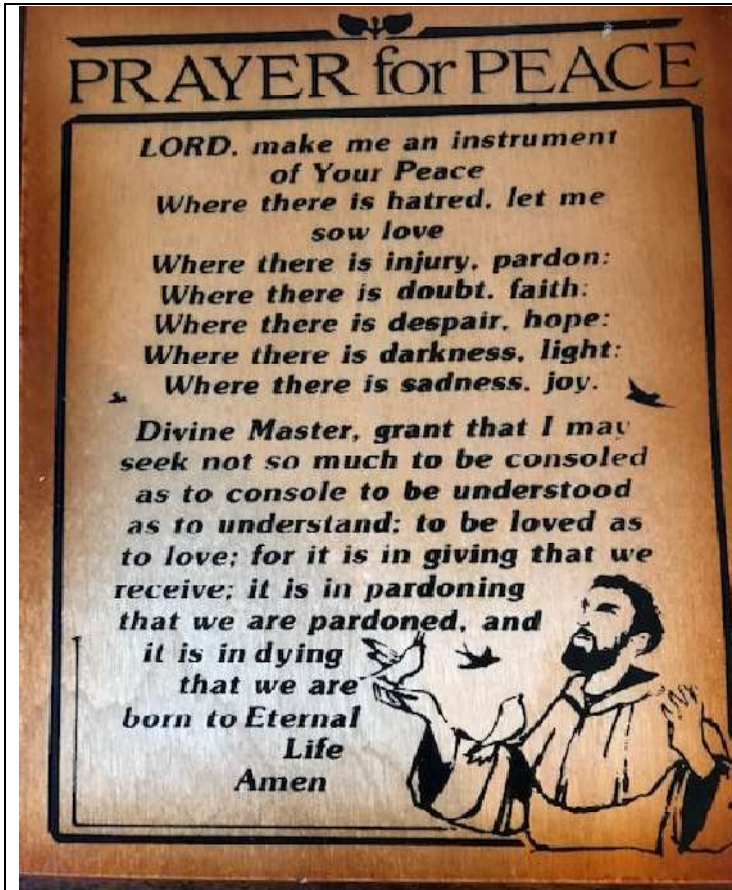
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23rd Feb 2023 we visited Peace Mala HQ Anwen led us in a prayer for peace at the shrine of St Francis in the Peace Mala Garden and we spent time at the prayer tree.



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1st March 2023 DOTs learned about St David and helped lead our St David's Day service including prayers for Peace at St Celynin Church Bronwydd.



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Thank you for completing your Accreditation Self-Evaluation Form!
As soon as we receive this it will be sent to our Board of Trustees and Educational Advisors for approval.

We look forward to you joining our growing family of Peace Mala Accredited Groups.



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